



International Judo Federation

Official Partner of the 2025-2028 Sports
Season - International Judo Federation (IJF)



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Your Wellness Solution Provider



INTRODUCTION

In the early 1990s, Impulse began the production of fitness equipment. After nearly 30 years of experience accumulation, Impulse (Qingdao) Health Tech Co., Ltd. was established in 2004, focusing on the research, development, manufacturing and sales of fitness equipment. In September 2017, Impulse did IPO successfully in Shenzhen stock market. It achieved breakthrough in capital market and brought more financial support to R&D and manufacture of Impulse.

Our products cover both business and home user core demand. We provide innovative and high-quality indoor and outdoor products, including cardio equipment, strength equipment, functional training and rehabilitation training equipments, also with intelligent and innovative home use products. The forward-looking design concept and user demand focused are the features of Impulse product development. We are committed to providing the desired products and services at a sincere price, and the products have been sold across more than 200 countries and regions, and created global marketing and after-sale systems.

Impulse is a leading supplier in health industry. A perfect product and service system has been built in the fields of fitness equipment R&D, manufacturing, marketing and sales, club operation and health management. The Impulse new industrial park is under construction, the first phase of the project has a total investment of \$232 million USD and a total construction area of 168,995.98 square meters. It is expected that the annual output value of the project can be \$620 million USD after the project reaches full capacity.

We believe that the trust of customers comes from our pursuit of product excellence and exploration of customer needs. Therefore, Impulse is going to continue following the concept of customer first and quality priority in order to serve our business partners, and become reliable fitness expert trusted by global customers.




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TREADMILL

A woman in a grey sports bra and leggings is running on a treadmill in a modern gym. The gym has a curved wooden ceiling and large windows. Other people are visible running on treadmills in the background. The treadmill brand is 'in impulse'.

in impulse

RT970 TREADMILL



Model	RT970
Certification	CE,ETL,EN957
Max User Weight	180kg/396lbs
AC/DC	AC
Power Requirement	15A
Electrical Receptacle & Plug	220-240V
Motor Power	4HP
Motor Peak Power	6HP
Speed range	1-25km/h (1-15mph)
Incline range	0-15%
One Touch Buttons	3%, 6%, 9%, 12% (Incline); 3, 6, 9, 12 (Speed)
Handle bar Control	Yes
Console Display	21.5" TFT
Console Readouts	Heart rate, %Heart rate, Time in zone, Average Speed, Pace, Time Elapsed, %Time Remaining, Calories, Calories/Hour, Distance, Steps, Speed, Incline
Language	EN/CN/FR/DE/ES/PT/IT/RU/JP/KR
Metric/English	Metric/English
Touch Screen	Yes
Entertainment	Multiple built-in apps
Programs	Cardio, Random, Fatburn, Hills, Interval, HR, Fit test
HR Monitor	Contact&Telemetry
Roller Diameter	Front:88.9mm/3.5" Back:76mm/3"
Deck	Reversible 1" Deck
Running surface	558 x 1524(mm)/22" x 60"
Belt Thickness	1.6mm
Belt Brand	Habasit
Step-up Height	245mm"
Suspension System	Pullflex Commercial Suspension System
Accessory Storage	iPAD/Phone Holder/Magazine Holder/2 Bottle Holders
Charging Unit	Wireless
USB Data Exchange	Yes
Fan	Yes (3 speed level)
Multi-language Display	Yes
Gross Weight	266.8kg/588.2lbs
Net Weight	203kg/447.5lbs
Product Dimension	2078 x 950 x 1569(mm)/ 81.8" x 37.4" x 61.8"



RT750
TREADMILLRT700
TREADMILL

Model	RT750	RT700
Certification	CE,ETL,EN957	CE,ETL,EN957
Max User Weight	180kg/396lbs	180kg/396lbs
AC/DC	AC	AC
Power Requirement	15A	15A
Electrical Receptacle & Plug	220-240V	220-240V
Motor Power	4HP	4HP
Motor Peak Power	6HP	6HP
Speed range	0.6-25km/h (0.6-15mph)	0.6-25km/h (0.6-15mph)
Incline range	0-15%	0-15%
One Touch Buttons	3%, 6%, 9%, 12% (Incline); 3, 6, 9, 12 (Speed)	2%, 5%, 8%, (Incline); 3, 6, 9 (Speed)
Handle bar Control	Yes	Yes
Console Display	7 LED + Matrix 16×32	7 LED + Matrix 16×40
Console Readouts	Heart rate, %Heart rate, Time in zone, Average Speed, Pace, Time Elapsed, %Time Remaining, Calories, Calories/Hour, Distance, Steps, Speed, Incline	Heart rate, Time Elapsed, Calories, Distance, Speed, incline, 1/4 mile or 400 meters motivational track
Metric/English Programs	Metric/English Manual, Cardio, Interval Burn, Calories Heart Rate, Advanced Contact&Telemetry	Metric/English Manual, Cardio, Interval Burn, Calories Heart Rate, Advanced Contact&Telemetry
HR Monitor	Contact&Telemetry	Contact&Telemetry
Roller Diameter	Front:88.9mm/3.5" Back:76mm/3"	Front:88.9mm/3.5" Back:76mm/3"
Deck	Reversible 1" Deck	Reversible 1" Deck
Running surface	558×1524(mm)/22"×60"	558×1524(mm)/22"×60"
Belt Thickness	1.6mm	1.6mm
Belt Brand	Habasit	Habasit
Step-up Height	245mm	245mm
Suspension System	Pulllex® Commercial Suspension System	Pulllex® Commercial Suspension System
Accessory Storage	IPAD/Phone Holder/Magazine Holder/2 Bottle Holders	IPAD/Phone Holder/Magazine Holder/2 Bottle Holders
USB Charger	Yes	No
Fan	Yes (3 speed level)	Yes (3 speed level)
Multi-language Display	Yes	No
Gross Weight	Box1: 232.2kg/510.8lbs Box2: 41.5kg/91.3lbs	Box1: 238.0kg/523.6lbs Box2: 35.0kg/77.0lbs
Net Weight	Box1: 176.7kg/388.7lbs Box2: 30.5kg/67.1lbs	Box1: 179.1kg/394.0lbs Box2: 27.5kg/60.5lbs
Product Dimension	2078×950×1590(mm)/81.8"×37.4"×62.6"	2078×875×1513(mm)/81.8"×34.4"×59.6"
Packing size	Box 1: 2230×970×480(mm)/87.8"×38.2"×18.9" Box 2: 1145×1105×390(mm)/45.1"×43.5"×15.4"	Box 1: 2230×970×480(mm)/87.8"×38.2"×18.9" Box 2: 975×965×280(mm)/38.4"×38.0"×11.0"
40HQ	/	51Sets
40GP	40Sets	42Sets





AC4050
TREADMILL

Model	AC4050
Certification	CE
Max User Weight	150kg/330lbs
AC/DC	AC
Power Requirement	15A
Electrical Receptacle & Plug	220-240V
Motor Power	3HP
Speed range	1-22km/h
Incline range	0 to 15%
One Touch Buttons	3%, 6%, 9% (Incline); 3, 6, 9 (Speed)
Console Display	21.5" Touch Screen
Language	EN/CN/FR/DE/ES/PT/IT/RU/J/P/KR
HR Monitor	Contact & Telemetry
Roller Diameter	Front: 88.9mm/3.5" Back: 76mm/3"
Deck	Reversible 1" Deck
Running surface	545 x 1524 (mm) / 21.5" x 60"
Belt Thickness	2.3mm
Step-up Height	260mm
Suspension System	Pullflex Commercial Suspension System
Accessory Storage	IPAD/iPhone Holder/Magazine Holder/ 2 Bottle Holders
Charging Unit	Wireless
Fan	Yes (3 speed level)
Product Dimension	2102 x 950 x 1593 (mm) 82.7" x 37.4" x 62.7"
Packing size	Box 1: 2260 x 930 x 490 (mm) 89.0" x 36.6" x 19.3" Box 2: 1145 x 1095 x 380 (mm) 45.1" x 43.1" x 15.0"
40HQ	44Sets
40GP	40Sets



AC4000
TREADMILL

The 18.5-inch large console created by the new design language features convenient operation and entertainment functions. The 60 degrees tilted panel provides the best viewing Angle and comfortable experience. (AC4000)



50x185x2.5mm oversized column is adopted to ensure the stability of the console during movement, when the speed reaches 20km/h, the vibration amplitude of the motor is less than 0.003mm.



Multiple incline and speed quick adjustment keys for convenient and swift operation.

AC4015
TREADMILL

The motor cover adopts a flat design to make it more integrated with the frame of the running platform and more concise and hardcore in appearance. On this basis, the column cover is added and the lower end of the column is wrapped in the motor cover to make the column and running platform perfectly integrated.



Considering the safety of the product, the manufacturing process of the edge strip is upgraded from PVC extrusion to ABS injection molding, which increased the friction coefficient and enhanced the anti-slip performance.

Model	AC4000/4015
Certification	CE
Max User Weight	150kg/330lbs
AC/DC	AC
Power Requirement	15A
Electrical Receptacle & Plug	220-240V
Motor Power	3HP
Speed range	1-22km/h
Incline range	0 to 15%
One Touch Buttons	3%, 6%, 9% (Incline); 3, 6, 9 (Speed)
Console Display	LED
Console Readouts	Time, Avg Speed, Heart Rate, Distance, Steps, Calories, Cal/Hour, Speed, Incline, 1/4 mile or 400 meters motivational track
Metric/English	Metric&English
Programs	Manual, Cardio, Heart Rate, Interval, Burn Calories, Target
HR Monitor	Contact&Telemetry
Roller Diameter	Front:88.9mm/3.5" Back:76mm/3"
Deck	Reversible 1"Deck
Running surface	545X1524(mm) / 21.5"X 60"
Belt Thickness	2.3mm
Step-up Height	260mm
Suspension System	Pullflex Commercial Suspension System
Accessory Storage	IPAD/Phone Holder/Magazine Holder/ 2 Bottle Holders
USB Charger	Yes
Fan	Yes (3 speed level)
Gross Weight	Box1: 231kg/508.2lbs Box2: 35.8kg/78.8lbs
Net Weight	Box1: 173kg/380.6lbs Box2: 30kg/66lbs
Product Dimension	2102 X 950 X 1592(mm) 81.7" X 37.4" X 62.6"
Packing size	Box 1: 2230 X 970 X 480(mm) 87.8" X 38.2" X 18.9" Box 2: 1145 X 1105 X 390(mm) 45" X 43.5" X 15.4"
40HQ	44Sets
40GP	40Sets

AC850
TREADMILL

The AC850 is available with the All-new Touchscreen System

Integral foam handlebars provide a better user experience and safety protection.

Rubber spring cushioning system offers superior shock absorption, promoting joint protection for lower limbs. With a two-stage buffering structure, it automatically adjusts to users of different weights, providing enhanced joint protection.



Phenolic resin coating on the treadmill belt provides durability, and extended lifespan.

Designed with incline settings ranging from 0 to 20%, offering users a broader range of incline training options.

Symmetrical inward sloping design of the foot pedal edges ensures reliable safety protection for users.

Equipped with Bluetooth module for connectivity to apps like Zwift, enabling training and data collection.

Wireless charging for mobile phones adds extra value and convenience beyond the product's primary function.

AC810
TREADMILLAC800
TREADMILL

Model	AC850/AC810/AC800
Power Requirement	16A
Electrical Receptacle & Plug	220-240V AC
AC/DC	AC
Motor Power	3HP
Max User Weight	150KG/330lbs
Speed Range	0-20KM/H
Incline Range	0-20%
Step-up Height	276MM
Deck	25.4MM
Running Surface	560 x 1550mm/ 22.0" x 61.0"
Belt Thickness	2.3mm
Suspension System	Two-stage Buffering
Accessory Storage	Ipad/iphone Holder/Magazine Holder/ 2 Bottle Holders
Console Display	21.5" TFT (AC850 Only)/6LED+DOT MATRIX
HR Monitor	Contact & Telemetry
Console Readouts	Speed, Incline, Distance, Time, HR, Calories
Fan	Yes
Wireless Charging	Yes (AC850/810 Only)
Filter	Yes (AC850/810 Only)
Bluetooth	Yes (AC850/810 Only)
Product Dimension	2126 x 933 x 1598mm/ 85.0" x 36.7" x 62.9"
40HQ	44
40GP	40

STAIR



XSC750 STAIR CLIMBER



Model	XSC750/700
Certification	CE
Maximum User Weight	160kg/352lbs
Power Requirement	10A
Electrical Receptacle & Plug	100-240V
Resistance System	Plug-in Magnetic Resistance
Resistance Brake Power	700w
Resistance Levels	20
Speed Range	25-158steps/min
Step Length	59mm/2.0"
Step Width	254mm/10"
Step Height	202mm/8.0"
Heart Rate Monitor	Contact&Telemetry
Console Display	Touch Screen/LED + Dot Matrix
Console Readouts	Time,Steps,Calories,Speed, Heart Rate,Gear Level
Default Programs	Quick Start,Climbing 1-5,Interval 1-5
Target Programs	Time,Distance,Calories
HRC Programs	Target HR,Interval HR
Custom Programs	Custom Distance,Custom Climbing, Custom Interval
Touch Screen	Optional
Charging Unit	Wireless
Packing form	Wooden Box
Accessory Storage	Cup Holder, Magazine Holder, Phone Holder
Product Dimension	1421×928×2248(mm) 55.9"×36.5"×88.5"
Product Weight	206.4kg/455.0lbs
40GP Container Count	16



XSC700 STAIR CLIMBER

UPRIGHT BIKE



RU970 UPRIGHT BIKE



Model	RU970
Certification	CE
Max User Weight	180kg/396lbs
Electrical Receptacle & Plug	220V-240V
Brake Type	Self powered hybrid brake
Resistance Brake Power	450W
Resistance Levels	25
Crank	Oversized
Pedal	Oversize dual-sided pedals with integrated straps
Flywheel Weight	9kg
Handle bar Control	3 riding positions, with contact heart rate grips and on-your-finger-tips control
Console Display	15.6" TFT
Console Readouts	Resistance, time, distance, calories, HR, RPM
Language	EN/CN/FR/DE/ES/PT/IT/RU/JP/KR
Metric/English	Metric&English
Entertainment	Multiple built-in apps
Programs	5
HR Monitor	Contact&Telemetry
Accessory Storage	Yes
Charging Unit	Wireless
USB Data Exchange	Yes
Multi-language Display	Yes
Gross Weight	87.8kg/193.6lbs
Net Weight	67.5kg/148.8lbs
Product Dimension	507 × 1092 × 1505(mm)
	23.5" × 43.0" × 59.3"



RU700
UPRIGHT BIKE



RU500
UPRIGHT BIKE

Model	RU700	RU500
Certification	ETL/CE/EN957	ETL/CE/EN957
Max User Weight	186kg/396lbs	160kg/352lbs
Electrical Receptacle & Plug	No	No
Brake Type	Self Powered Hybrid Brake	Self Powered Hybrid Brake
Resistance Brake Power	300W	300W
Resistance Levels	25	20
Crank	Oversized	Standard
Pedal	Over-size dual-sided pedals with integrated straps	Single sided weighted pedal
Flywheel Weight	8kg	8kg
Handle bar Control	3 riding positions, with contact heart rate grips and on-your-finger-tips control	3 riding positions, with contact heart rate grips
Console Display	6 Windows+Dot Matrix	2 Windows+Dot Matrix
Console Readouts	Distance, time, speed, watt, calories, heart rate	Distance, time, speed, watt, calories, RPM, heart rate
Metric/English	Metric&English	Metric&English
Programs	7	11
HR Monitor	Contact&Telemetry(polar)	Contact&Telemetry
Accessory Storage	Yes	Yes
Special Features	On-your-finger-tips, Ergonomically designed handle bars, Two-sided pedals, K-O-P-S biomechanics, Easy to service	On-your-finger-tips, Ergonomically designed handle bars, Two-sided pedals, K-O-P-S biomechanics, Easy to service
Gross Weight	84.8kg/186.6lbs	81.0kg/178.2lbs
Net Weight	67.0kg/147.4lbs	68.0kg/149.6lbs
Product Dimension	1093×602×1493(mm)/ 43.0"×23.7"×58.8"	1093×660×1492(mm)/ 43.0"×26.0"×58.7"
Packing Size	1160×405×870(mm)/ 45.7"×15.9"×34.3"	1160×405×870(mm)/ 45.7"×15.9"×34.3"
40HQ	172Sets	172Sets



ECU7 UPRIGHT BIKE



User-friendly console with keypad and scrolling LED window, multiple workout programs and unique heart rate zone programs.



Multiple riding grip positions are fitted with two sets of heart-rate reception, which provides users different workout experience. Bright colored fingertip controls for changing resistance for easy adjustments throughout the workout.



Dual oversized water bottle holders and mobile phone pocket conveniently located for those long bike rides.



Ergonomic single-hand seat adjustment makes easy to find the right position.



Easy to service shroud design allows for convenient maintenance.

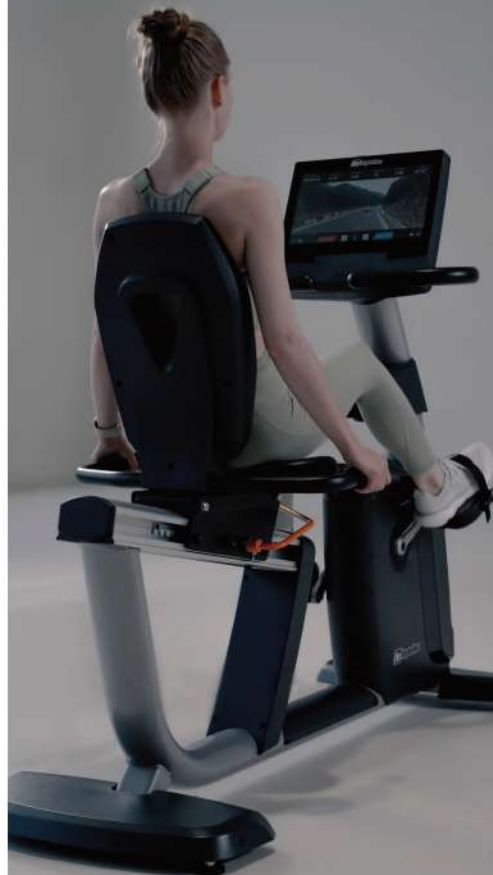


Model	ECU7
Certification	CE
Max User Weight	150kg/330lbs
Brake Type	Self-generating
Resistance Brake Power	300W
Resistance Levels	20
Crank	Standard
Pedal	Weighted pedal with skate-style clip
Flywheel Weight	8kg
Handle bar Control	3 riding positions , with contact heart rate grips
Console Display	6 LED windows + dot Matrix LED
Console Readouts	Speed, Time, Calorie, RPM, Distance, Heart rate, Resistance, etc.
Metric/English	Metric&English
Programs	12
HR Monitor	Contact&Telemetry
Accessory Storage	Yes
Special Features	On-your-finger-tips, ergonomically designed handle bars, two-sided pedals, k-o-p-s biomechanics, easy to service
Gross Weight	78.5kg/172.7lbs
Net Weight	67.4kg/148.3lbs
Product Dimension	1132 X 628 X 1478(mm)/ 44.6" X 24.7" X 58.2"
Packing Size	1155 X 445 X 730(mm)/ 45.5" X 17.5" X 28.8"
40GP	156Sets

RECUMBENT BIKE



RR970 RECUMBENT BIKE



Model	RR970
Certification	CE
Max User Weight	180kg/396lbs
Electrical Receptacle & Plug	220V-240V
Brake Type	Self powered hybrid brake
Resistance Brake Power	450W
Resistance Levels	25
Crank	Oversize
Pedal	Oversize dual-sided pedals with integrated straps
Flywheel Weight	9kg
Handle bar Control	Ergonomically designed seat-side handles with contact heart rate grips on-your-finger-tips control
Console Display	15.6" TFT
Console Readouts	Resistance, time, distance, calories, HR, RPM
Language	EN/CN/FR/DE/ES/PT/IT/RU/JP/KR
Metric/English	Metric&English
Entertainment	Multiple built-in apps
Programs	5
HR Monitor	Contact&Telemetry
Accessory Storage	Yes
Charging Unit	Wireless
USB Data Exchange	Yes
Multi-language Display	Yes
Gross Weight	106.5kg/234.8lbs
Net Weight	88.6kg/195.3lbs
Product Dimension	638 × 1651 × 1366(mm)
	25.1" × 65.0" × 53.8"



RR700
RECUMBENT BIKE



RR500
RECUMBENT BIKE

Model	RR700	RR500
Certification	ETL/CE/EN957	ETL/CE/EN957
Max User Weight	180kg/396lbs	160kg/352lbs
Brake Type	Self Powered Hybrid Brake	Self Powered Hybrid Brake
Resistance Brake Power	300W	350W
Resistance Levels	25	20
Crank	Oversized	Standard
Pedal	Oversize dual-sided pedals with integrated straps	Single sided weighted pedal
Flywheel Weight	9kg	9kg
Handle bar Control	Ergonomically designed seat-side handles with contact heart rate grips on-your-finger-tips control	Ergonomically designed seat-side handles with contact heart rate grips on-your-finger-tips control
Console Display	6 Windows+Dot Matrix	7Windows +Dot Matrix
Console Readouts	Distance, time, speed, watt, calories, heart rate	Distance, time, speed, watt, calories, RPM, heart rate
Metric/English	Metric&English	Metric&English
Programs	7	11
HR Monitor	Contact&Telemetry(polar)	Contact&Telemetry
Accessory Storage	Yes	Yes
Special Features	On-your-finger-tips, Ergonomically designed handle bars, Two-sided pedals, K-O-P-S biomechanics, Easy to service, walk-through design	On-your-finger-tips, Ergonomically designed handle bars, Two-sided pedals, K-O-P-S biomechanics, Easy to service, walk-through design
Gross Weight	104.6kg/230.1lbs	100.7kg/222lbs
Net Weight	83.0kg/182.6lbs	79.0kg/173.8lbs
Product Dimension	1651×638×1383(mm)/ 65.0"×25.1"×54.4"	1651×638×1383(mm)/ 65.0"×25.1"×54.4"
Packing Size	1615×370×850(mm)/ 63.6"×14.6"×33.5"	1615×370×850(mm)/ 63.6"×14.6"×33.5"
40HQ	129Sets	129Sets



ECR7 RECUMBENT BIKE



Model	ECR7
Certification	CE
Max User Weight	150kg/330lbs
Brake Type	Self-generating
Resistance Brake Power	300W
Resistance Levels	20
Crank	Standard
Pedal	Weighted pedal with skate-style clip
Flywheel Weight	8kg
Handle bar Control	Ergonomically designed seat-side handles with contact heart rate
Console Display	6 LED windows + dot Matrix LED
Console Readouts	Speed, Time, Calorie, RPM, Distance, Heart rate, Resistance, etc.
Metric/English	Metric/English
Programs	12
HR Monitor	Contact&Telemetry
Accessory Storage	Yes
Special Features	On-your-finger-tips, ergonomically designed handle bars, two-sided pedals, k-o-p-s biomechanics, easy to service
Gross Weight	100.7kg/ 221.5lbs
Net Weight	83.2kg/ 183.0lbs
Product Dimension	1670 × 634 × 1326(mm)/65.7" × 25.0" × 52.2"
Packing Size	1775 × 445 × 730(mm)/70.0" × 17.5" × 28.7"
40GP	96Sets

ELLIPTICAL



RE970 ELLIPTICAL



Model	RE970
Certification	CE
Max User Weight	160kg/352lbs
Electrical Receptacle & Plug	220V-240V
Power Supply	60W
Brake Type	Self Powered Hybrid Brake
Resistance Brake Power	350W
Resistance Levels	25
Electrical Receptacle & Plug	Yes
Stride Length	533mm/21"
Pedal	Pedal with cushioned gel pads
Pedal Spacing	1"
Step-up Height	190mm/7.5"
Handle bar Control	Handle bar Control; ABS+TPU coated handlebars
Console Display	15.6" TFT
Console Readouts	Resistance, time, distance, calories, HR, RPM
Language	EN/CN/FR/DE/ES/PT/IT/RU/JPN/KR
Metric/English	Metric/English
Entertainment	Multiple built-in apps
Programs	5
HR Monitor	Contact&Telemetry
Accessory Storage	Yes
Charging Unit	Wireless
USB Data Exchange	Yes
Multi-language Display	Yes
Gross Weight	174.9kg/385.6lbs
Net Weight	118kg/260.1lbs
Product Dimension	742×2113×1610(mm) 29.2"×83.2"×63.4"



RE700
ELLIPTICAL



RE500
ELLIPTICAL

Model	RE700	RE500
Certification	CE,ETL,EN957	CE,ETL,EN957
Max User Weight	160kg/352lbs	160kg/352lbs
Electrical Receptacle & Plug	No	No
Brake Type	Self Powered Hybrid Brake	Self Powered Hybrid Brake
Resistance Brake Power	350W	350W
Resistance Levels	25	20
Stride Length	533mm/21"	533mm/21"
Pedal	Pedal with cushioned gel pads	Pedal with cushioned gel pads
Pedal Spacing	1"	1"
Step-up Height	190mm/7.5"	190mm/7.5"
Handle bar	Handle bar Control; ABS+TPU coated handlebars	PVS handlebars
Console Display	6 Windows+Dot Matrix	7 Windows+Dot Matrix
Console Readouts	Speed, Time, Calorie, RPM, Distance, Heart rate, Resistance, etc.	Speed, Time, Calorie, RPM, Distance, Heart rate, Resistance, etc.
Metric/English	Metric&English	Metric&English
Programs	7	11
HR Monitor	Contact&Telemetry	Contact&Telemetry
Accessory Storage	Cup holder, Magazine Holder, Phone Holder	Cup holder, Magazine Holder, Phone Holder
Special Features	On-your-finger-tips, Ergonomically designed handle bars, Easy to service	On-your-finger-tips, Ergonomically designed handle bars, Easy to service
Gross Weight	174.5kg/383.9lbs	175.4kg/385.9lbs
Net Weight	118.1kg/259.8lbs	119.4kg/262.7lbs
Product Dimension	2180×742×1610(mm)/ 85.8" ×29.2"×63.4"	2180×742×1610(mm)/ 85.8" ×29.2"×63.4"
Packing Size	2220×650×1090(mm)/ 87.4"×25.6"×42.9"	2220×650×1095(mm)/ 87.4"×25.6"×43.1"
40GP	36Sets	36Sets



ECES ELLIPTICAL



User-friendly console with keypad and scrolling LED window, multiple workout programs and unique heart rate zone programs.



Multi grip ergo handles provide users of varying heights difference workout experiences.



Ergonomically correct pedals provide the ultimate natural motion.



User-friendly mini step allows users to step on and off from the rear.



Easy to service shroud design allows for convenient maintenance.



Model	ECES
Certification	CE
Max User Weight	150kg/330lbs
Brake Type	Self Powered Hybrid Brake
Resistance Brake Power	350W
Resistance Levels	20 Levels
Stride Length	508mm/20"
Pedal	Pedal with cushioned gel pads
Pedal Spacing	75mm/2.95"
Step-up Height	250mm/9.84"
Handle bar Control	Yes
Console Display	6 LED windows + dot Matrix LED
Console Readouts	Speed, Time, Calorie, RPM, Distance, Heart rate, Resistance, etc.
Metric/English	Metric&English
Programs	8 Preset, 4 Targets, 1 User
HR Monitor	Contact&Telemetry
Accessory Storage	Cup holder, Magazine Holder, Phone Holder
Gross Weight	162.2kg/356.8lbs
Net Weight	119.6kg/263.1lbs
Product Dimension	1849 x 812 x 1800(mm)/72.8" x 31.9" x 70.9"
Packing Size	1150 x 765 x 1110(mm)/45.3" x 30.1" x 43.7"
40HQ	60Sets

A woman with dark hair tied back, wearing a black sports top and a white headband, is riding a black spin bike. She is looking upwards and to the right with a slight smile. The bike's handlebars and frame are visible in the foreground. The background is a plain, light-colored wall.

SPIN BIKE

PS460 SELF-GENERATING MAGNETIC CYCLE

Resistance System	Magnetic
Resistance Power	400W
Resistance Level	1-20
Emergency Stop	Push
Flywheel	Aluminum
Flywheel Weight	3.5kg
Pulley	Aluminum
Drivetrain	Belt
Drivetrain Ratio	1:10
Frame Material	Steel
Adjustment Type	Aluminum
Pedal	Dual-sided vp pedal
Shaft	Φ25
Bearing	TPI
Handlebar	Multi-position, Soft PVC
Handlebar Adjustment	Vertical&Horizontal
Saddle	Ultra-padded sport saddle
Saddle Adjustments	Vertical&Horizontal
Console Display	4.3"LCD
Console Readouts	Resistance Level, Time, Speed(AVG/MAX), Distance, Watt(AVG/MAX), RPM(AVG/MAX), Heart Rate(AVG/MAX), Calories
Water Bottle Holder	Double
Maximum User Weight	150kg/330lbs
Gross Weight	56.6kg/124.8lbs
Net Weight	50.3kg/110.9lbs
Product Dimension	1317×604×1057(mm) 51.9"×23.8"×41.6"
Packing size	1210×315×1000(mm) 51.6"×12.4"×39.4"

The console is powered by the bike's self-generated electricity and supports Bluetooth protocols, allowing it to connect with the majority of third-party apps available in the market.



Dual cup holders for intense training.



Dual-sided pedals allow riders to wear either cycling or athletic shoes.



Larger main frame, over-sized axis and pedal shaft ensure reliable quality.



Magnetic brake system provides more stable resistance, and more convenient adjustment.



V structure, 164mm Q-FACTOR allows ideal riding position.



Seat and handles are adjustable horizontally and vertically. Aluminum post and newly designed knob allows convenient adjustment.



Rear aluminum flywheel is waterproof. The plastic edge shroud ensures riding safety.



Tension unit for stretch before and after riding.



CONSOLE



PS300



PS303



● Handlebar

Vertically adjustable with nice hand feeling. Multiple handle positions can meeting various training needs.

● Brake

Reliable Nylon nob brake. Coated steel cup holder is easy to access.

● Seat

Precision casting seat part combined with chromium-plated steel adjusting tube make it easy to adjust position. Ergonomic seat pad provides comfortable training.

● Frame

Double-oval tube and anti-rust steel frame makes extraordinary appearance.

● Resistance

Long-lasting pedals and classic fly wheel driving system brings nice training experience to users.

PS300 SPINNING BIKE

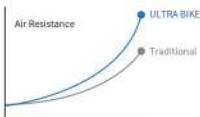
Resistance System	Wool brake
Emergency Stop	Push
Flywheel Weight	20kg/44lbs
Drivetrain	Chain
Pedal	Dual-sided vp pedal
Handlebar	Multi-position, Soft PVC
Handlebar Adjustment	Vertical & Horizontal
Max User Weight	150kg/330lbs
Gross Weight	66.3kg/145.9lbs
Net Weight	58.0kg/127.6lbs
Product Dimension	1188 × 528 × 1170(mm) 46.8" × 20.8" × 46.1"
Packing Size	1100 × 330 × 870(mm) 43.3" × 13.0" × 34.3"
40HC Container Count	222



HIIT

HB005 ULTRA BIKE SELF-GENERATING

The resistance is delivered by fan, which is driven by power and speed pedal along with two handles that move back and forth. Users are able to determine intensity level and resistance.



26 ABS blades molded into one piece which makes it stabilized and more quiet than traditional steel blades in using condition.



The workout data can be synchronized to your smart devices via Bluetooth or ANT+. Then you can track the data with 3rd party applications which manage your training more scientific. It helps users to make a more reasonable training plan.



Consider electroplated steel gets rust easily, the seat support and pedals of ULTRA BIKE is made of aluminum alloy, which is less prone to corrosion, helping to provide long service life.



Compared to ordinary ULTRA BIKE with its chain always sways and bumps and needs scheduled maintenance. ULTRA BIKE's V-Belt drive provides smooth and consistent ride without extra maintenance or high cost.



ULTRA BIKE enables users to do upper body training, lower body training and total body training. It helps to improve your body coordination and meets training demands of various people.

Model	HB005
Maximum User Weight	150kg / 330lbs
Resistance	Air Resistance
Drive Model	Belt Drive
Pedals & handle bars	Synchronized Motion
Pedals	Double Faced Aluminum Alloy
Footholds	Aluminum
Crank	Oversize
Console Display	5"LCD Screen
Console Readouts	Time, Speed/Average Speed, Calories/Average Calories, Distance, RPM/Average RPM, Watt/Average Watt, Heart Rate/ Average Heart Rate
Programs	3 target programs (Time, Distance, Calories), 3 Heart Rate Programs (65%, 75%, 85%), 4 Interval Programs (3 time interval and 1 distance interval)
Heart Rate Monitor	Bluetooth, ANT+
Cup Holder	Yes
Fan Size	26 inches
Fan Blades	26 ABS Curved blades
Power Requirements	4 C Cell batteries
Product Dimension	1308 × 712 × 1349(mm)/51.5" × 28.0" × 53.1"
Net Weight	63.3kg/139.6lbs
Gross Weight	79.8kg/175.9lbs
Packing Size	1355 × 400 × 905(mm)/52.6" × 15.7" × 35.6"



HC005 CLIMBER

The HC005 Climbing Machine is an aerobic exercise and full-body workout fitness equipment that provides low-impact joint aerobic exercise. It simulates climbing, mountaineering, and stair climbing to offer a comprehensive aerobic workout targeting the whole body, lower limbs, core muscles, and cardiovascular system, improving lung and heart function, endurance, and overall health.



With three handle positions, the product accommodates users of various heights, ensuring adaptability and comfort during training.



The product uses magnetic resistance with electric adjustment for convenient operation, offering 20 levels of smooth resistance to meet various training needs. It also features 8 training modes to accommodate diverse user requirements.



Featuring LCD display and touch interaction, the product is user-friendly and futuristic. The tempered glass panel enhances durability.



The product also offers stepping and stair climbing functions to achieve multi-functionality, catering to the diverse training needs of users. The handle grips are covered with soft rubber for increased comfort during use.



Model	HC005
Product Weight	92kg / 202.8lbs
Product Dimensions	1215 x 1110 x 2500(mm)/47.8" x 43.7" x 98.4"
Climbing Angle	75°
Maximum Climbing Stride	500mm
Maximum User Weight	160kg
Adjustable Resistance	20 levels
Electric Resistance	Yes
Adjustment Function	
Input Power Voltage	AC100-240V
Charging Reminder	Yes
Heart Rate Display	Yes
Bluetooth Connectivity	Yes
Stepper Function	Yes
Training Modes	8 types

impulse

EXO|FORM

EXOFORM >>>

Uniformly low profile at 1492mm is designed by American team. Translucent shroud at thickness 3.2mm with smooth pattern is in injection molding, which designed elegantly and ensures ultra durability and non-deformation

Build-in console, which is well designed by American UI team, displays reps and time

The upright tubes are with special tube at size 72.8×141.7×3mm, and the functional part with race track tube at size 40×133×3mm. Tubes applys double powder-coated & painting process which ensure high-quality and ultra durability

The steel guide rod (diameter:19mm) is anti-corrosion coated and polished which ensures smoothly travel and rust-proof

Friendly designed iPad and bottle holders are separated to meet various requirement

The 5LBS incremental weight is to meet users requirement

All the hardware parts exposed are nickel plated or stainless steel. The NBK bearing is applied

Meet EN957 safety regulation

Ergonomically designed handle bars, which is patented, are with TPU matial and aluminium grip ring. The concise design offers comfort and safety

Ergonomically designed upholstery is with PU foam which offers comfort and safety protection

Belt and cable driving system are both applied. Self-lubricate American Loss cable with nylon-coated 12 complex fiber ensures service life 300,000 times. The belt is with steel wire embedded which ensures ultra durability and long lifetime

With spiral spring assistance system, the patented 3-linkage seat adjustment is concisely designed, cost-saving and offers easy installment

All dynamic components are shielded for safety purpose
Gas spring for resetting



* WEIGHT STACK SOLD SEPARATELY

OPTION 1	160lbs/68.3kg
OPTION 2	200lbs/85.5kg
OPTION 3	235lbs/102.8kg
OPTION 4	295lbs/129.2kg



* COLOR OPTIONAL.



FE9701 CHEST PRESS

Dimension (L×W×H)	1230x1570x1490(mm) 48.4x61.8x58.7 (in)
Net Weight	169.7kg/373.3lbs



FE9703 ARM CURL

Dimension (L×W×H)	1149x1567x1490(mm) 45.2x61.7x58.7 (in)
Net Weight	169.1kg/372lbs



FE9702 LAT PULLDOWN

Dimension (L×W×H)	1304×1226×2109 (mm) 51.3x49.2x83.0 (in)
Net Weight	177.7kg/390.9lbs



FE9704 PECTORAL

Dimension (L×W×H)	1197x1551x1489 (mm) 47.1x61.1x58.6 (in)
Net Weight	166.2kg/365.6lbs



FE9705 LEG EXTENSION

Dimension (L×W×H)	1264x1239x1489(mm) 49.8x48.8x58.6 (in)
Net Weight	169.6kg/373.1lbs



FE9708 ABDUCTOR/ADDUCTOR

Dimension (L×W×H)	1776x1546x1488 (mm) 69.9x60.9x58.6 (in)
Net Weight	165.8kg/364.8lbs



FE9706 SEATED LEG CURL

Dimension (L×W×H)	1240x1541x1489 (mm) 48.8x60.7x58.6 (in)
Net Weight	183.6kg/403.9lbs



FE9710 LEG PRESS

Dimension (L×W×H)	1781x1293x1491 (mm) 70.1x50.9x58.7 (in)
Net Weight	279kg/613.8lbs



FE9712 SHOULDER PRESS

Dimension (L×W×H)	1762x1422x1492(mm) 69.4x55.9x58.7 (in)
Net Weight	168.7kg/371.1lbs



FE9714 ABDOMINAL

Dimension (L×W×H)	1383×1202×1491(mm) 54.4x47.3x58.7 (in)
Net Weight	141.5kg/311.3lbs



FE9715 PEC FLY/REAR DELT

Dimension (L×W×H)	1296x1758x1400(mm) 51x69.2x58.7 (in)
Net Weight	160.7kg/353.5lbs



FE9716 CALF RAISE

Dimension (L×W×H)	1265x1186x1721(mm) 49.8x46.7x67.8 (in)
Product Weight	167.8kg/369.2lbs



FE9718 TORSO ROTATION

Dimension (L×W×H)	1293x1346x1490 (mm) 50.9x53.0x58.7 (in)
Net Weight	176kg/387.2lbs



FE9719 ROW

Dimension (L×W×H)	1996×1127×1492(mm) 78.6x44.4x58.7 (in)
Net Weight	174.8kg/384.6lbs

FE9720
WEIGHT ASSISTED CHIN/DIP COMBO

Dimension (L×W×H)	1750x1378x2197 (mm) 68.9x54.2x86.5 (in)
Net Weight	243.5kg/535.7lbs



FE9721 PRONE LEG CURL

Dimension (L×W×H)	1606×1193×1492(mm) 63.2x47x58.7 (in)
Net Weight	154.2kg/339.2lbs





FE9723 TRICEP

Dimension (L×W×H)	1149x1580x1490 (mm)
	45.2x62.2x58.7 (in)
Net Weight	163.5kg/359.7lbs



FE9724 LATERAL RAISE

Dimension (L×W×H)	1266x1261x1491 (mm)
	49.8x49.6x58.7 (in)
Net Weight	187.5kg/412.5lbs



FE9726 GLUTE

Dimension (L×W×H)	1307x1483x1488 (mm)
	53.9x58.4x58.6 (in)
Net Weight	168.5kg/370.7lbs



FE9732 BACK EXTENSION

Dimension (L×W×H)	1383x1203x1492 (mm)
	54.4x47.4x58.7 (in)
Net Weight	185.4kg/407.9lbs

* COLOR OPTIONAL



FE9701 CHEST PRESS



FE9702 LAT PULLDOWN



FE9703 ARM CURL



FE9704 PECTORAL



FE9705
LEG EXTENSION



FE9706
SEATED LEG CURL



FE9708
ABDUCTOR/ADDUCTOR



FE9710 LEG PRESS



FE9712 SHOULDER PRESS



FE9714 ABDOMINAL



FE9715
PEC FLY/REAR DELT



FE9716 CALF RAISE



FE9718 TORSO ROTATION



FE9719 ROW



FE9720
WEIGHT ASSISTED CHIN/DIP COMBO



FE9721
PRONE LEG CURL



FE9723 TRICEP



FE9724 LATERAL RAISE



FE9726 GLUTE



FE9732 BACK EXTENSION

IT95 Line >> >

Tube: 3mm tube in main frame and movement parts, U-frame uses PR95x81.1x3 tube and functional parts use RT50x100

Plastic part: Injection molding for better quality

Painting: Double coated surface treatment

Incremental weight (optional): 5lbs for smaller adjustment

Weight stack: 19mm full steel plate.
Weight options - 160/200/235/295Lbs

Easy to enter and exit the machine and able to adjust when in sitting position

Handle: Patented ergonomic design with TPU material

Standard metal part: Nickel plated or stainless steel for better appearance and quality

Diverging motion structure allows the arm training simultaneously and alternately

Pad: Double stitch and add protect cover on the back. Various colors to choose from

Pulley: Lathed pulley with less tolerance

Cable: USA imported cable which passed more than 250 thousand times test

Bearing: Reliable Taiwan brand

Conform with EN957, Passed 300,000 times fatigue test and 100kg stable test

* WEIGHT STACK SOLD SEPARATELY

OPTION 1	160lbs/68.3kg
OPTION 2	200lbs/85.5kg
OPTION 3	235lbs/102.8kg
OPTION 4	295lbs/129.2kg



*COLOR OPTIONAL.
Two paint colors and upholstery colors can be freely combined.



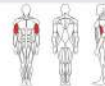
IT9501 CHEST PRESS

PRODUCT DIMENSION (LxWxH)	1475x1200x1506 (mm) 58.1x47.2x59.3 (in)
PRODUCT WEIGHT	127.4kg/280.3lbs



IT9502 LAT PULLDOWN

PRODUCT DIMENSION (LxWxH)	1384x1373x1889 (mm) 54.5x54.1x74.4 (in)
PRODUCT WEIGHT	147.7kg/324.9lbs



IT9503 ARM CURL

PRODUCT DIMENSION (LxWxH)	1295x1208x1506 (mm) 51.1x47.6x59.3 (in)
PRODUCT WEIGHT	115.5kg/254.1lbs





IT9504 PECTORAL

PRODUCT DIMENSION (LxWxH)	1450x1360x1510 (mm) 57.1x53.5x59.4 (in)
PRODUCT WEIGHT	132.5kg/291.5lbs



IT9508 ABDUCTOR/ADDUCTOR

PRODUCT DIMENSION (LxWxH)	1553x856x1506 (mm) 61.1x33.7x59.3 (in)
PRODUCT WEIGHT	149.6kg/329.1lbs



IT9505 LEG EXTENSION

PRODUCT DIMENSION (LxWxH)	1202x1189x1506 (mm) 47.3x46.8x59.3 (in)
PRODUCT WEIGHT	133.1kg/292.8lbs



IT9509 TOTAL HIP

PRODUCT DIMENSION (LxWxH)	1292x972x1506 (mm) 50.9x38.3x59.3 (in)
PRODUCT WEIGHT	148.2kg/326.7lbs



IT9506 SEATED LEG CURL

PRODUCT DIMENSION (LxWxH)	1536x1186x1506 (mm) 60.5x46.7x59.3 (in)
PRODUCT WEIGHT	149.6kg/329.1lbs



IT9510 LEG PRESS

PRODUCT DIMENSION (LxWxH)	1813x1109x1504 (mm) 71.4x43.7x59.2 (in)
PRODUCT WEIGHT	211.3kg/464.9lbs





IT9512 SHOULDER PRESS

PRODUCT DIMENSION	1560x1443x1510 (mm)
(LxWxH)	61.4x56.8x59.4 (in)
PRODUCT WEIGHT	137.4kg/302.3lbs



IT9516 CALF RAISE

PRODUCT DIMENSION	1287x1156x1739 (mm)
(LxWxH)	50.7x45.5x68.5 (in)
PRODUCT WEIGHT	127.8kg/281.1lbs



IT9514 ABDOMINAL

PRODUCT DIMENSION	1345x1148x1581 (mm)
(LxWxH)	53.0x45.2x62.2 (in)
PRODUCT WEIGHT	112.6kg/247.7lbs



IT9517 SEATED DIP

PRODUCT DIMENSION	1794x1267x1507 (mm)
(LxWxH)	70.6x49.9x59.3 (in)
PRODUCT WEIGHT	142.5kg/313.5lbs



IT9515 PEC FLY/REAR DELT

PRODUCT DIMENSION	1275x1288x2048 (mm)
(LxWxH)	50.2x50.7x80.6 (in)
PRODUCT WEIGHT	123.5kg/271.7lbs



IT9518 TORSO ROTATION

PRODUCT DIMENSION	1221x1202x1506 (mm)
(LxWxH)	48.1x47.3x59.3 (in)
PRODUCT WEIGHT	150.8kg/331.8lbs





IT9519 VERTICAL ROW

PRODUCT DIMENSION	1617x1264x1508(mm)
(LxWxH)	63.7x49.8x59.4 (in)
PRODUCT WEIGHT	126.5kg/278.3lbs



IT9522 LAT PULLDOWN/VERTICAL ROW

PRODUCT DIMENSION	1897x1223x2228(mm)
(LxWxH)	74.7x48.1x87.7 (in)
PRODUCT WEIGHT	118.5kg/260.7lbs



IT9520 WEIGHT ASSISTED CHIN/DIP COMBO

PRODUCT DIMENSION	1570x1394x2286(mm)
(LxWxH)	61.8x54.9x90.0 (in)
PRODUCT WEIGHT	125.5kg/276.1lbs



IT9524 LATERAL RAISE

PRODUCT DIMENSION	1222x1213x1506 (mm)
(LxWxH)	48.1x47.8x59.3 (in)
PRODUCT WEIGHT	127.5kg/280.5lbs



IT9521 PRONE LEG CURL

PRODUCT DIMENSION	1443x1146x1508(mm)
(LxWxH)	56.8x45.1x59.4 (in)
PRODUCT WEIGHT	129.6kg/285.1lbs



IT9526 GLUTE

PRODUCT DIMENSION	1503x1245x1508 (mm)
(LxWxH)	59.2x49x59.4 (in)
PRODUCT WEIGHT	125.5kg/276.1lbs





IT9528 LEG EXTENSION/LEG CURL

PRODUCT DIMENSION	1550x1250x1506 (mm)
(LxWxH)	61.0x49.2x59.3 (in)
PRODUCT WEIGHT	167Kg/368.2lbs



IT9532 BACK EXTENSION

PRODUCT DIMENSION	1233x1188x1506 (mm)
(LxWxH)	48.5x56.8x59.3 (in)
PRODUCT WEIGHT	118.5kg/260.7lbs



IT9529 MULTI PRESS

PRODUCT DIMENSION	1827x1437x1669 (mm)
(LxWxH)	71.9x56.6x65.7 (in)
PRODUCT WEIGHT	166kg/365.9lbs



IT9533 BICEP CURL/TRICEP EXTENSION

PRODUCT DIMENSION	1300x1225x1502 (mm)
(LxWxH)	51.2x48.2x59.1 (in)
PRODUCT WEIGHT	132.5kg/291.5lbs





IT9534 ABDOMINAL/BACK EXTENSION

PRODUCT DIMENSION (LxWxH)	1196x1189x1506(mm) 53.4x50.8x61.7(in)
PRODUCT WEIGHT	139.2kg/306.2lbs



IT9538 HIP THRUST

PRODUCT DIMENSION (LxWxH)	1563x1290x1506(mm) 61.5x50.8x59.3(in)
PRODUCT WEIGHT	255kg/562.2lbs



IT9537 STANDING MULTI FLIGHT MACHINE

PRODUCT DIMENSION (LxWxH)	1455x906x1863(mm) 57.3x35.7x73.3(in)
PRODUCT WEIGHT	270kg/595.2lbs



IT9539 SEATED LEG PRESS HACK SQUAT

PRODUCT DIMENSION (LxWxH)	1857x1090x1506(mm) 73.1x42.9x59.3(in)
PRODUCT WEIGHT	325kg/716.5lbs



* COLOR OPTIONAL



IT9501 CHEST PRESS IT9502 LAT PULLDOWN IT9503 ARM CURL IT9504 PECTORAL IT9505 LEG EXTENSION



IT9519 VERTICAL ROW IT9520 WEIGHT ASSISTED CHIN/DIP COMBO IT9521 PRONE LEG CURL IT9522 LAT PULLDOWN VERTICAL ROW IT9524 LATERAL RAISE



IT9506 SEATED LEG CURL IT9508 ABDUCTOR/ADDUCTOR IT9509 TOTAL HIP IT9510 LEG PRESS IT9512 SHOULDER PRESS



IT9526 GLUTE IT9528 LEG EXTENSION/LEG CURL IT9529 MULTI PRESS IT9532 BACK EXTENSION IT9533 BICEP CURL TRICEP EXTENSION



IT9514 ABDOMINAL IT9515 PEC FLY/REAR DELT IT9516 CALF RAISE IT9517 SEATED DIP IT9518 TORSO ROTATION



IT9534 ABDOMINAL BACK EXTENSION IT9537 STANDING MULTI/FLIGHT MACHINE IT9538 HIP THRUST IT9539 SEATED LEG PRESS HACK SQUAT



IF93 >>>

These simple, clean-lines, selectorized series specially designed for entry level small clubs and institutional applications. It offers a complete functional package, is inexpensive to own and is easy to maintain. It matches up beautifully with the benches and racks of the IF line.

The clear and precise instructions and training tips are great for individuals who is new to strength training and help users to build targeted muscle.

Specially designed cup holder is perfectly integrated with cage, making it simple and enorous.

The upright tubing thickness of 2.5mm and the functional parts with rectangular tube at size of 50×100×2.5mm, which make IF93 stronger and more powerful.

The translucent shroud with ABS materials (optional full shroud) is endurable and wear resisting. The main plastic parts are made using injection molding that help to provide teady quality.

The whole series are adopted with the equivalent cage height of 1530mm, which help to create a bright training environment of fitness club.

Ergonomic seat cushion, chest and back pad are made of polymer materials. The specially designed pads have different angles, which meet various training requirements.

Ergonomically designed handle bars are made of TPV materials, which make your garb more comfortable and safety. It combines with aluminum end cap reflecting high-end taste.

The main frame is coated with materials that environmental friendly, which helps to improve products quality and provide with good scratching and corrosion resistance.

Designed with stainless steel seat adjustment that provides a longer service life, made it easy to adjust and look beautiful.



All pulleys are adopted with high quality bearings which ensure smooth movement.

* WEIGHT STACK SOLD SEPARATELY

OPTION 1	160lbs/68.3kg
OPTION 2	200lbs/85.5kg
OPTION 3	235lbs/107.8kg
OPTION 4	295lbs/129.2kg

* THE FULL SHROUD IS OPTIONAL.
(Weight stacks varies by the shrouds)





IF9301 CHEST PRESS

PRODUCT DIMENSION (L×W×H)	1040×1360×1530 (mm) 40.5×53.5×60.2 (in)
PRODUCT WEIGHT	97.1kg



IF9302 LAT PULLDOWN

PRODUCT DIMENSION (L×W×H)	1585×1318×1891 (mm) 42.4×51.9×74.4 (in)
PRODUCT WEIGHT	100kg



IF9305 LEG EXTENSION

PRODUCT DIMENSION (L×W×H)	1146×1050×1530 (mm) 45.1×41.3×60.2 (in)
PRODUCT WEIGHT	101.5kg



IF9306 SEATED LEG CURL

PRODUCT DIMENSION (L×W×H)	1146×1034×1530 (mm) 45.2×40.7×60.2 (in)
PRODUCT WEIGHT	95kg



IF9303 ARM CURL

PRODUCT DIMENSION (L×W×H)	1216×1028×1530 (mm) 47.9×40.5×60.2 (in)
PRODUCT WEIGHT	90kg



IF9304 PECTORAL

PRODUCT DIMENSION (L×W×H)	1736×806×1530 (mm) 68.3×31.7×60.2 (in)
PRODUCT WEIGHT	95kg

* The right of specific weight to actual supply prevail.



IF9308 ABDUCTOR/ADDUCTOR

PRODUCT DIMENSION (L×W×H)	1570×935×1530 (mm) 61.8×36.8×60.2 (in)
PRODUCT WEIGHT	98.5kg



IF9310 LEG PRESS

PRODUCT DIMENSION (L x W x H)	1790 x 1168 x 1530 (mm) 70.5 x 46.0 x 60.2 (in)
PRODUCT WEIGHT	120.5kg



IF9312 SHOULDER PRESS

PRODUCT DIMENSION (L x W x H)	1188 x 1456 x 1530 (mm) 45.2 x 57.3 x 60.2 (in)
PRODUCT WEIGHT	102.6kg



IF9315 PEC FLY/REAR DELT

PRODUCT DIMENSION (L x W x H)	1420 x 1493 x 1863 (mm) 58.8 x 55.9 x 73.3 (in)
PRODUCT WEIGHT	90kg



IF9316 CALF RAISE

PRODUCT DIMENSION (L x W x H)	1150 x 1105 x 1775 (mm) 45.3 x 43.5 x 69.9 (in)
PRODUCT WEIGHT	106kg



IF9314 ABDOMINAL

PRODUCT DIMENSION (L x W x H)	1304 x 1484 x 1490 (mm) 51.3 x 58.4 x 58.7 (in)
PRODUCT WEIGHT	89.5kg



IF9317 SEATED DIP

PRODUCT DIMENSION (L x W x H)	1227 x 1212 x 1530 (mm) 48.3 x 47.7 x 60.2 (in)
PRODUCT WEIGHT	97.5kg



IF9318 TORSO ROTATION

PRODUCT DIMENSION (L x W x H)	1240 x 1185 x 1530 (mm) 48.8 x 43.5 x 60.2 (in)
PRODUCT WEIGHT	96kg



IF9319 VERTICAL ROW

PRODUCT DIMENSION (L×W×H)	1818×870×1530 (mm) 71.6×34.3×60.2(in)
PRODUCT WEIGHT	91.5kg



IF9321 PRONE LEG CURL

PRODUCT DIMENSION (L×W×H)	1510×1150×1530 (mm) 59.4×45.3×60.2(in)
PRODUCT WEIGHT	101.5kg

IF9320
WEIGHT ASSISTED CHIN/DIP COMBO

PRODUCT DIMENSION (L×W×H)	1309×1256×2498 (mm) 51.5×49.4×98.3(in)
PRODUCT WEIGHT	107kg

IF9322
LAT PULLDOWN/VERTICAL ROW

PRODUCT DIMENSION (L×W×H)	1886×1223×2227 (mm) 74.2×48.1×87.7(in)
PRODUCT WEIGHT	90kg



IF9323 ARM EXTENSION

PRODUCT DIMENSION (L×W×H)	1079×1028×1530 (mm) 42.1×40.5×60.2 (in)
PRODUCT WEIGHT	91kg



IF9324 LATERAL RAISE

PRODUCT DIMENSION (L×W×H)	1179×750×1530 (mm) 46.4×29.5×60.2(in)
PRODUCT WEIGHT	85kg



IF9326 KICK BACK

PRODUCT DIMENSION (L×W×H)	1068×1034×1530 (mm) 42.0×40.7×60.2 (in)
PRODUCT WEIGHT	90kg



IF9328 LEG EXTENSION/LEG CURL

PRODUCT DIMENSION (L×W×H)	1272×1270×1530 (mm) 50.1×50.0×60.2 (in)
PRODUCT WEIGHT	105kg



IF9329 MULTI PRESS

PRODUCT DIMENSION (L×W×H)	2026×1446×1530 (mm) 79.8×56.9×60.2 (in)
PRODUCT WEIGHT	97.5kg

IF9333
BICEP CURL/TRICEP EXTENSION

PRODUCT DIMENSION (L×W×H)	1327×1203×1530 (mm) 52.2×47.4×60.2 (in)
PRODUCT WEIGHT	110kg



IF9334 AB/BACK

PRODUCT DIMENSION (L×W×H)	1592×1253×1531 (mm) 62.7×49.3×60.3 (in)
PRODUCT WEIGHT	TBD



IF9332 BACK EXTENSION

PRODUCT DIMENSION (L×W×H)	1120×1034×1530 (mm) 44.0×40.7×60.2 (in)
PRODUCT WEIGHT	98kg



IF9335 ABDUCTOR

PRODUCT DIMENSION (L×W×H)	1583×946×1530 (mm) 62.3×37.2×60.2 (in)
PRODUCT WEIGHT	95kg



IF9336 ADDUCTOR

PRODUCT DIMENSION (L×W×H)	1583×1036×1530 (mm) 62.3×40.8×60.2 (in)
PRODUCT WEIGHT	95kg

Jungle >> >





* WEIGHT STACK SOLD SEPARATELY

OPTION 1	160lbs/68.2kg
OPTION 2	200lbs/85.5kg
OPTION 3	235lbs/102.8kg
OPTION 4	295lbs/129.2kg



* COLOR OPTIONAL.
OPTIONAL FULL OR SMALL SHROUD.



IT9525 ADJUSTABLE HI/LO PULLEY

PRODUCT DIMENSION (LxWxH)	1450x1245x2350(mm) 57.1x49.0x92.5(in)
PRODUCT WEIGHT	137.5kg/303.1lbs



IT9530 DUAL ADJUSTABLE PULLEY

PRODUCT DIMENSION (LxWxH)	1620x1370x2270(mm) 63.8x53.9x89.4(in)
PRODUCT WEIGHT	195.5kg/431lbs



IT9527 4 STACK MULTI-STATION

PRODUCT DIMENSION (LxWxH)	3489x1968x2382(mm) 137.4x77.5x93.8(in)
PRODUCT WEIGHT	308.7kg/680.6lbs



IT9527OPT CABLE CROSSOVER-TRADITIONAL

PRODUCT DIMENSION (LxWxH)	2824x222x483(mm) 111.2x8.74x19.0(in)
PRODUCT WEIGHT	27.5kg/60.6lbs



IT9525+IT9525+IT9527OPT

PRODUCT DIMENSION (LxWxH)	4196x1436x2360(mm) 165.2x56.5x92.9(in)
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IT9525+IT9527+IT9527OPT

PRODUCT DIMENSION (LxWxH)	5089x3489x2380(mm) 200.4x137.4x93.7(in)
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IT9527+IT9527+IT9527OPT

PRODUCT DIMENSION (LxWxH)	5982x3489x2380(mm) 235.5x137.4x93.7(in)
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* COLOR OPTIONAL



IT9525 ADJUSTABLE HI/LO PULLEY



IT9527 4 STACK MULTI-STATION



IT9525+IT9525+IT9527OPT



IT9525+IT9527+IT9527OPT



IT9530 DUAL ADJUSTABLE PULLEY



IT9527OPT CABLE CROSSOVER-TRADITIONAL



IT9527+IT9527+IT9527OPT



SL9525 ADJUSTABLE HI/LO PULLEY

PRODUCT DIMENSION	1482x1187x2356 (mm)
(LxWxH)	58.3x46.7x92.8 (in)
PRODUCT WEIGHT	134.2kg/295.9lbs



SL9527 JUNGLE MULTI GYM

PRODUCT DIMENSION	3488x2646x2350 (mm)
(LxWxH)	137.3x104.2x92.5 (in)
PRODUCT WEIGHT	386.4kg/851.9lbs



IT9527OPT CABLE CROSSOVER-TRADITIONAL

PRODUCT DIMENSION	2824x221x4777 (mm)
(LxWxH)	111.2x8.7x18.8 (in)
PRODUCT WEIGHT	27.3kg/60.2lbs



SL9525+SJ9525+SL9527OPT

PRODUCT DIMENSION	4249 x 1482 x 2365 (mm)
(LxWxH)	167.3 x 58.3 x 93.1 (in)

SL9525+SL9527+SL9527OPT

PRODUCT DIMENSION	5824 x 3488 x 2365 (mm)
(LxWxH)	229.3 x 137.3 x 93.1 (in)



SL9527+SL9527+SL9527OPT

PRODUCT DIMENSION	7388 x 4377 x 2365 (mm)
(LxWxH)	290.6 x 172.3 x 93.1 (in)



IF9325 ADJUSTABLE HI / LO PULLEY

PRODUCT DIMENSION (L x W x H)	1449 x 1258 x 2338 (mm) 57.0 x 49.5 x 92.0 (in)
PRODUCT WEIGHT	96 kg / 212 lbs
40"	108 Sets



IF9330 DUAL ADJUSTABLE PULLEY

PRODUCT DIMENSION (L x W x H)	1639 x 882 x 2270 (mm) 64.5 x 34.7 x 89.4 (in)
PRODUCT WEIGHT	117kg



IF9327 4 STACK MULTI-STATION

PRODUCT DIMENSION (L x W x H)	3450 x 2445 x 2338 (mm) 135.8 x 96.3 x 92.0 (in)
PRODUCT WEIGHT	258.6 kg / 570 lbs
40"	48 Sets



IF9327OPT CABLE CROSSOVER-TRADITIONAL

PRODUCT DIMENSION (L x W x H)	2505 x 441 x 198 (mm) 98.6 x 17.4 x 7.8 (in)
PRODUCT WEIGHT	21.5 kg / 47 lbs
40"	526 Sets



CABLE CROSSOVER IF9325+IF9325+IF9327OPT

PRODUCT DIMENSION (L x W x H)	4138 x 1448 x 2355 (mm) 162.9 x 57.0 x 92.7 (in)
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5 STACK MULTI-STATION IF9325+IF9327+IF9327OPT

PRODUCT DIMENSION (L x W x H)	5220 x 3428 x 2355 (mm) 205.5 x 135.0 x 92.7 (in)
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• OPTIONAL FULL SHROUD VERSION.



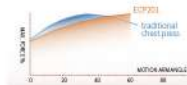
8 STACK MULTI-STATION IF9327+IF9327+IF9327OPT

PRODUCT DIMENSION (L x W x H)	6262 x 3428 x 2355 (mm) 246.5 x 135.0 x 92.7 (in)
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ECP Line >>>

Impulse Fitness proudly presents the EVOLUTION CURVE Series, a groundbreaking line of plate-loaded strength machines. Incorporating a linkage-adjustable force structure in most models, these machines are tailored to match the strength curve characteristics of specific muscle groups, ensuring user comfort, training efficiency, and safety throughout the workout. Named the EVOLUTION CURVE PLATE-LOADED STRENGTH SERIES, or simply the ECP series, it promises an exceptional training experience.



Force Curve Comparison Chart

Compared to traditional plate-loaded equipment, the ECP series offers smoother force lines from the initial lift, ensuring that there is no loss of force toward the end of the movement.



Split-function design caters to unilateral and bilateral training needs.



Balance weight added.



Adjustable backrest angle with 5 levels.

ECP101 SHOULDER PRESS

PRODUCT DIMENSION (L×W×H)	1638×1515×1455 (mm) 64.5×59.6×57.3 (in)
PRODUCT WEIGHT	215 kg/474.0 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



Auxiliary Chest Pad: Helps stabilize the body during training, focusing on the target muscle group.



Balance Weight: Light initial load, women-friendly (unloaded starting weight of 1kg).



Adjustable Pedals: Suited for users of different heights.

ECP103 STANDING LATERAL RAISE

PRODUCT DIMENSION (L×W×H)	1680×1105×1739 (mm) 66.4×43.5×68.5 (in)
PRODUCT WEIGHT	240 kg/529.1 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



Four barbell storage rods, with max capacity of 400kg.



Ergonomic aluminum grips with marked scales.



Adjustable seat height with 18 levels.



Assisted start function supported.

ECP201 CHEST PRESS

PRODUCT DIMENSION (L×W×H)	1800×1750×1800 (mm) 70.9×68.9×70.9 (in)
PRODUCT WEIGHT	265 kg/584.2 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



Spacious handrail-style assist handles provide better support for users.



Split-function design caters to unilateral and bilateral training needs.



The leg foam can be adjusted in 7 levels.

ECP301 PULLDOWN

PRODUCT DIMENSION (L×W×H)	1745×1645×1932 (mm) 68.7×64.8×76.1 (in)
PRODUCT WEIGHT	210 kg/463.0 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



ECP302 SEATED ROW

PRODUCT DIMENSION (L×W×H)	1600×1800×1100 (mm) 63.0×70.9×43.3 (in)
PRODUCT WEIGHT	190 kg/418.9 lbs
MAX. WEIGHT CAPACITY	120 kg/264.6 lbs



ECP306 PULLOVER

PRODUCT DIMENSION (L×W×H)	1620×1355×1456 (mm) 63.8×52.6×57.3 (in)
PRODUCT WEIGHT	270 kg/595.2 lbs
MAX. WEIGHT CAPACITY	120 kg/264.6 lbs



Free-Style Seat: The seat can be used for fixed abdominal oblique training or free-style abdominal oblique exercises.

ECP401 AB

PRODUCT DIMENSION (L×W×H)	1685×1095×1721 (mm) 66.3×43.1×67.7 (in)
PRODUCT WEIGHT	180 kg/396.8 lbs
MAX. WEIGHT CAPACITY	120 kg/264.6 lbs



W-Bar Design: Allows various modes of wrist rotation and neutral positioning for multidimensional bicep training. The aluminum W-bar minimizes after-sales repair costs and reduces the initial training weight.



Hidden Weight Adjustment Disc: Adjusts the resistance to match the bicep muscle strength curve.

ECP501 SEATED BICEPS

PRODUCT DIMENSION (L×W×H)	1355×1088×970 (mm) 53.3×42.8×38.2 (in)
PRODUCT WEIGHT	140 kg/308.6 lbs
MAX. WEIGHT CAPACITY	100 kg/220.5 lbs



W-Bar Design: Allows various wrist rotation modes, enabling multidimensional training.



Protective Headrest: Prevents injury to the head during training (solving the common problem seen in many other machines).



Balance Weight: Light initial load (unloaded starting weight of 12kg).



Assisted Start: Safe start and end to the training.

ECP504 FRENCH PRESS

PRODUCT DIMENSION (L×W×H)	1915×1699×1386 (mm) 75.4×66.9×54.6 (in)
PRODUCT WEIGHT	270 kg/595.2 lbs
MAX. WEIGHT CAPACITY	120 kg/264.6 lbs



Dual Position Handles: Suitable for users of different heights.



Adjustable Leg Pad: Adjustable for different heights and starting positions.

ECP604 PRONE LEG CURL

PRODUCT DIMENSION (L×W×H)	1751×1607×788 (mm) 68.9×63.3×31.0 (in)
PRODUCT WEIGHT	180 kg/396.8 lbs
MAX. WEIGHT CAPACITY	150 kg/330.7 lbs



ECP605 SEATED LEG EXTENSION

PRODUCT DIMENSION (L×W×H)	1727×1314×1100 (mm) 68.0×51.7×43.3 (in)
PRODUCT WEIGHT	210 kg/463.0 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



ECP617 HACK SQUAT

PRODUCT DIMENSION (L×W×H)	2185×1290×1416 (mm) 86.0×50.8×55.7 (in)
PRODUCT WEIGHT	315 kg/694.5 lbs
MAX. WEIGHT CAPACITY	400 kg/881.8 lbs



ECP625 KNEEL GLUTE KICKBACK

PRODUCT DIMENSION (L×W×H)	1980×1255×1820 (mm) 78.0×48.2×71.7 (in)
PRODUCT WEIGHT	230 kg/507.1 lbs
MAX. WEIGHT CAPACITY	100 kg/220.5 lbs

Light Start Load: Unloaded starting weight of 15.5kg.





Convenient dual-sided handle adjustments.

Balance weight added.

Adjustable foot pedal angle with six settings and a spacious platform (750*665).

ECP713 SQUAT

PRODUCT DIMENSION (L×W×H)	2300×1260×1790 (mm) 90.6×49.6×70.5 (in)
PRODUCT WEIGHT	330 kg/727.5 lbs
MAX. WEIGHT CAPACITY	400 kg/881.8 lbs



150mm adjustable spacing, meeting various training needs.

Adjustable safety hook height for secure training.

Low Starting Position: Minimum starting height of 33cm.

Product Advantages: The only Smith machine that allows vertical and 7° angle switching.

ECP721 SMITH

PRODUCT DIMENSION (L×W×H)	2242×1368×2232 (mm) 88.3×53.9×87.9 (in)
PRODUCT WEIGHT	330 kg/727.5 lbs
MAX. WEIGHT CAPACITY	250 kg/551.2 lbs



COLOR OPTIONAL



ECP101 SHOULDER PRESS



ECP103 STANDING LATERAL RAISE



ECP201 CHEST PRESS



ECP301 PULLDOWN



ECP302 SEATED ROW



ECP306 PULLOVER



ECP401 AB



ECP501 SEATED BICEPS



ECP504 FRENCH PRESS



ECP604 PRONE LEG CURL



ECP605 SEATED LEG EXTENSION



ECP617 HACK SQUAT



ECP625 KNEEL GLUTE KICKBACK



ECP713 SQUAT



ECP721 SMITH





SL Line >> >

Easy to use, neat appearance, the SL line is a high quality commercial plate loaded series. The user-friendly design makes working out more simple, efficient, comfortable and satisfying.

Tubing: thickness range from 2.5 mm to 3mm, 50mmx100mm tubing. electro-welded to maximum integrity.

Color: black and red (Other colors are optional based on customer requirements)

Finish: Electrostatic powder-coated and heat cured after adhesiveness enhancement pre-treatment for superior durability



Compact - space efficient design requires minimal floor space.

Pad total thickness is 70mm.

Easy-to-use, flexible adjustments allow for optimal exercise positions.



* COLOR OPTIONAL



SL7001 CHEST PRESS

PRODUCT DIMENSION (L×W×H)	1937×1370×1717 (mm) 76.3×53.9×67.6 (in)
PRODUCT WEIGHT	170.5 kg / 375.9 lbs
40°	70 Sets
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7002 PULLDOWN

PRODUCT DIMENSION (L×W×H)	1482×1489×1967 (mm) 58.3×58.6×77.4 (in)
PRODUCT WEIGHT	169 kg / 372.6 lbs
40°	81 Sets
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7005 INCLINE CHEST PRESS

PRODUCT DIMENSION (L×W×H)	1900×1523×1779 (mm) 74.8×60×70 (in)
PRODUCT WEIGHT	184 kg / 405.7 lbs
40°	72 Sets
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7006 LEG PRESS

PRODUCT DIMENSION (L×W×H)	2226×1421×1415 (mm) 87.6×55.9×55.7 (in)
PRODUCT WEIGHT	195 kg / 429.9 lbs
40°	65 Sets
MAX. WEIGHT CAPACITY	400 kg / 880 lbs



SL7003 SHOULDER PRESS

PRODUCT DIMENSION (L×W×H)	1558×1818×1487 (mm) 61.3×71.6×58.5 (in)
PRODUCT WEIGHT	171.5 kg / 378.1 lbs
40°	89 Sets
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7004 LOW ROW

PRODUCT DIMENSION (L×W×H)	1761×1458×1650 (mm) 69.3×57.4×65 (in)
PRODUCT WEIGHT	170 kg / 374.8 lbs
40°	69 Sets
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7007 ROW

PRODUCT DIMENSION (L×W×H)	1815×1500×1334 (mm) 71.5×59.1×52.5 (in)
PRODUCT WEIGHT	160 kg / 352.7 lbs
40°	87 Sets
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7008 REAR KICK

PRODUCT DIMENSION (L×W×H)	1886×1225×1636 (mm) 66.1×48.4×64.4 (in)
PRODUCT WEIGHT	144 kg / 317.5 lbs
40°	82 Sets
MAX. WEIGHT CAPACITY	150 kg / 330 lbs



SL7013 GLUTE HAM BENCH

PRODUCT DIMENSION (L x W x H)	1562 x 914 x 1477 (mm) 61.5 x 36 x 58.1 (in)
PRODUCT WEIGHT	70 kg / 154 lbs
40"	105 Sets



SL7017 SEATED CALF RAISE

PRODUCT DIMENSION (L x W x H)	1475 x 765 x 845 (mm) 58 x 30.1 x 33.3 (in)
PRODUCT WEIGHT	56 kg / 123 lbs
40"	174 Sets
MAX. WEIGHT CAPACITY	150 kg / 330 lbs



SL7021 HACK SQUAT

PRODUCT DIMENSION (L x W x H)	2205 x 1880 x 1285 (mm) 86.8 x 74 x 50.6 (in)
PRODUCT WEIGHT	235.5 kg / 519.2 lbs
MAX. WEIGHT CAPACITY	400 kg / 880 lbs



SL7019 INCLINE ROW

PRODUCT DIMENSION (L x W x H)	1960 x 1020 x 1253 (mm) 77.2 x 40.2 x 49.3 (in)
PRODUCT WEIGHT	89 kg / 196 lbs
40"	97 Sets
MAX. WEIGHT CAPACITY	150 kg / 330 lbs



SL7020 45 LEG PRESS

PRODUCT DIMENSION (L x W x H)	2499 x 1879 x 1544 (mm) 98.4 x 74 x 60.8 (in)
PRODUCT WEIGHT	249 kg / 548 lbs
40"	58 Sets
MAX. WEIGHT CAPACITY	450 kg / 990 lbs





SL7023 BICEP CURL

PRODUCT DIMENSION (L×W×H)	1492×1045×1204 (mm) 58.7×41.1×47.4 (in)
PRODUCT WEIGHT	114 kg / 251.3 lbs
40°	96 Sets
MAX. WEIGHT CAPACITY	120 kg / 264 lbs



SL7024 TRICEP DIP

PRODUCT DIMENSION (L×W×H)	1733×1580×1202 (mm) 68.2×62.2×47.3 (in)
PRODUCT WEIGHT	166.3 kg / 366.6 lbs
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7032 STANDING CALF RAISE

PRODUCT DIMENSION (L×W×H)	1615×1375×1730 (mm) 63.6×54.1×68.1 (in)
PRODUCT WEIGHT	146.2 kg / 322.3 lbs
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7034 SQUAT

PRODUCT DIMENSION (L×W×H)	2260×1260×1800 (mm) 88.9×49.6×70.9 (in)
PRODUCT WEIGHT	212 kg / 467.4 lbs
MAX. WEIGHT CAPACITY	400 kg / 880 lbs



SL7025 LEG EXTENSION

PRODUCT DIMENSION (L×W×H)	1270×1690×1005 (mm) 50×66.5×39.6 (in)
PRODUCT WEIGHT	130.9 kg / 288.6 lbs
MAX. WEIGHT CAPACITY	300 kg / 660 lbs



SL7026 LEG CURL

PRODUCT DIMENSION (L×W×H)	1430×1045×1200 (mm) 56.3×41.1×47.2 (in)
PRODUCT WEIGHT	141.1 kg / 311.1 lbs
MAX. WEIGHT CAPACITY	120 kg / 264 lbs



SL7036 ABDOMINAL

PRODUCT DIMENSION (L×W×H)	1623×1267×1642 (mm) 63.9×49.9×64.6 (in)
PRODUCT WEIGHT	132 kg / 291 lbs
MAX. WEIGHT CAPACITY	120 kg / 264 lbs





SL7038 TOTAL HIP

PRODUCT DIMENSION (L x W x H)	1620 x 1610 x 1110 (mm) 63.8 x 63.4 x 43.7 (in)
PRODUCT WEIGHT	114.7 kg/253 lbs
MAX. WEIGHT CAPACITY	150 kg/331 lbs



SL7039 STANDING PRESS

PRODUCT DIMENSION (L x W x H)	2170 x 2000 x 2135 (mm) 85.4 x 78.7 x 84.1 (in)
PRODUCT WEIGHT	181.4 kg/399.9 lbs
MAX. WEIGHT CAPACITY	300 kg/661 lbs



SL7028 FLAT BENCH PRESS

PRODUCT DIMENSION (L x W x H)	1910 x 1738 x 1315 (mm) 75.2 x 68.4 x 51.8 (in)
PRODUCT WEIGHT	111 kg/244.7 lbs
MAX. WEIGHT CAPACITY	300 kg/660 lbs



SL7029 INCLINE BENCH PRESS

PRODUCT DIMENSION (L x W x H)	2059 x 1738 x 1496 (mm) 81.1 x 68.4 x 58.9 (in)
PRODUCT WEIGHT	109 kg/240.3 lbs
MAX. WEIGHT CAPACITY	300 kg/660 lbs



SL7040 SQUAT LUNGE

PRODUCT DIMENSION (L x W x H)	1700 x 1670 x 640 (mm) 66.9 x 65.7 x 25.2 (in)
PRODUCT WEIGHT	123 kg/271 lbs
MAX. WEIGHT CAPACITY	300 kg/661 lbs



SL7030 DECLINE BENCH PRESS

PRODUCT DIMENSION (L x W x H)	2188 x 1738 x 1315 (mm) 86.1 x 68.4 x 51.8 (in)
PRODUCT WEIGHT	110.3 kg/243.2 lbs
MAX. WEIGHT CAPACITY	300 kg/660 lbs



SL7031 SHOULDER BENCH PRESS

PRODUCT DIMENSION (L x W x H)	1719 x 1261 x 1920 (mm) 67.7 x 49.6 x 75.6 (in)
PRODUCT WEIGHT	146.5 kg/323.0 lbs
MAX. WEIGHT CAPACITY	400 kg/880 lbs



SL7009 POWER RACK

PRODUCT DIMENSION (L x W x H)	2031 x 1499 x 2278 (mm) 80 x 59 x 89.7 (in)
PRODUCT WEIGHT	200 kg / 441 lbs
40"	82 Sets

SL7009OPT
WEIGHT PLATE RACK OPTION

PRODUCT DIMENSION (L x W x H)	1674 x 737 x 2199 (mm) 65.9 x 28.2 x 86.6 (in)
PRODUCT WEIGHT	63.5 kg / 140 lbs
40"	144 Sets



SL7010 PLATE RACK

PRODUCT DIMENSION (L x W x H)	891 x 628 x 1228 (mm) 35.1 x 24.7 x 48.3 (in)
PRODUCT WEIGHT	44 kg / 97 lbs
40"	242 Sets



SL7027 BARBELL RACK

PRODUCT DIMENSION (L x W x H)	950 x 910 x 1612 (mm) 37.4 x 35.8 x 63.5 (in)
PRODUCT WEIGHT	73 kg / 161 lbs
40"	112 Sets



SL7014 HALF POWER RACK

PRODUCT DIMENSION (L x W x H)	1390 x 1747 x 2442 (mm) 54.7 x 68.8 x 96.1 (in)
PRODUCT WEIGHT	153 kg / 337 lbs
40"	108 Sets



SL7015 FULL POWER RACK

PRODUCT DIMENSION (L x W x H)	1966 x 1747 x 2442 (mm) 77.4 x 68.8 x 96.1 (in)
PRODUCT WEIGHT	216 kg / 476 lbs
40"	83 Sets



SL7016 DUMBBELL RACK

PRODUCT DIMENSION (L x W x H)	2260 x 760 x 740 (mm) 89.0 x 29.9 x 29.1 (in)
PRODUCT WEIGHT	75.9 kg / 167.3 lbs
40"	240 Sets
MAX. WEIGHT CAPACITY	700 kg / 1540 lbs



SL7011 FID BENCH

PRODUCT DIMENSION (L×W×H)	1350×670×1350 (mm) 53.1×26.4×53.1 (in)
PRODUCT WEIGHT	44 kg / 97 lbs
40°	252 Sets



SL7012 FID BENCH

PRODUCT DIMENSION (L×W×H)	1550×670×1350 (mm) 61×26.4×53.1 (in)
PRODUCT WEIGHT	47 kg / 104 lbs
40°	252 Sets



SL7041 SUPER OLYMPIC BENCH

PRODUCT DIMENSION (L×W×H)	2410×1743×1622 (mm) 94.9×68.6×63.9 (in)
PRODUCT WEIGHT	141.3 kg/312 lbs
MAX. WEIGHT CAPACITY	300 kg/661 lbs



SL7042 MAGIC RACK/SMITH MACHINE

PRODUCT DIMENSION (L×W×H)	2315×2241×2391 (mm) 91.1×88.2×94.1 (in)
PRODUCT WEIGHT	313.4 kg/690.9 lbs
MAX. WEIGHT CAPACITY	300 kg/661 lbs



SL7018 ARM CURL

PRODUCT DIMENSION (L×W×H)	1136×860×1016 (mm) 44.7×33.9×40.0 (in)
PRODUCT WEIGHT	70 kg/154.3 lbs
MAX. WEIGHT CAPACITY	300 kg/661.4 lbs



SL7022 UTILITY BENCH

PRODUCT DIMENSION (L×W×H)	1191×630×822 (mm) 46.9×24.8×32.4 (in)
PRODUCT WEIGHT	27.8 kg / 61.3 lbs
40°	253 Sets



SL7035 FLAT BENCH

PRODUCT DIMENSION (L×W×H)	1281×630×425 (mm) 50.4×24.8×16.7 (in)
PRODUCT WEIGHT	25.3 kg/55.8 lbs
MAX. WEIGHT CAPACITY	300 kg/660 lbs



SL7043 MULTI AB BENCH

PRODUCT DIMENSION (L×W×H)	1722×630×912 (mm) 67.8×24.8×35.9 (in)
PRODUCT WEIGHT	54 kg/119 lbs
MAX. WEIGHT CAPACITY	150 kg/331 lbs



SL7044 STRETCH

PRODUCT DIMENSION (L×W×H)	1567×630×1263 (mm) 61.7×24.8×49.7 (in)
PRODUCT WEIGHT	50 kg/110 lbs
MAX. WEIGHT CAPACITY	150 kg/331 lbs



SL7045
VERTICAL KNEE RAISE/DIP STAND

PRODUCT DIMENSION (L×W×H)	1189×765×1537 (mm) 46.8×30.1×60.5 (in)
PRODUCT WEIGHT	74.3 kg/163.8 lbs
MAX. WEIGHT CAPACITY	150 kg/331 lbs



SL7045OPT
CHIN-UP ATTACHMENT

PRODUCT DIMENSION (L×W×H)	1189×1157×2388 (mm) 46.8×45.6×94.0 (in)
PRODUCT WEIGHT	31.5 kg/69 lbs
MAX. WEIGHT CAPACITY	150 kg/331 lbs



SL7051
ASSISTED NORDIC HAM

PRODUCT DIMENSION (L×W×H)	1648×1323×1684 (mm) 64.9×52.1×66.3 (in)
PRODUCT WEIGHT	101 kg/222.7 lbs
MAX. WEIGHT CAPACITY	100 kg/220.5 lbs



SL7055 BELT SQUAT

PRODUCT DIMENSION (L×W×H)	1972×1541×1137 (mm) 77.6×60.7×44.8 (in)
PRODUCT WEIGHT	146 kg/321.9 lbs
MAX. WEIGHT CAPACITY	250 kg/551.2 lbs



SL7046
ISO-LATERAL SUPER CHEST PRESS

PRODUCT DIMENSION (L×W×H)	2502×2179×1136 (mm) 98.5×85.8×44.7 (in)
PRODUCT WEIGHT	147.5 kg/325.2 lbs
MAX. WEIGHT CAPACITY	150 kg/331 lbs



SL7047 MULTI HYPER EXTENSION

PRODUCT DIMENSION (L×W×H)	1340×947×765 (mm) 52.8×37.3×30.1 (in)
PRODUCT WEIGHT	55.2 kg/122 lbs
MAX. WEIGHT CAPACITY	150 kg/331 lbs



SL7057 PENDULUM SQUAT

PRODUCT DIMENSION (L×W×H)	2252×1314×1675 (mm) 88.7×51.7×65.9 (in)
PRODUCT WEIGHT	250 kg/551.2 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



HSP7051
HIGH PRONE ROW BENCH

PRODUCT DIMENSION (L×W×H)	1790×1310×1180 (mm) 70.5×51.6×46.5 (in)
PRODUCT WEIGHT	80kg/176.4lbs



HSP7053 LEG CURL

PRODUCT DIMENSION (L×W×H)	1705×620×742 (mm) 67.1×24.4×29.2 (in)
PRODUCT WEIGHT	40kg/88.2lbs



HSP7052 HIGH ROW

PRODUCT DIMENSION (L×W×H)	1875×1713×2123 (mm) 73.8×67.4×83.6 (in)
PRODUCT WEIGHT	160kg/352.7lbs



IFP Line >>>

- **Professional:** The 14 sets of products include equipment for exercising various muscle groups such as the chest, shoulder, back, legs, and arms. They are designed in strict accordance with parameters such as human mechanics and muscle force lines. This series of equipment is not limited to the training of conventional large muscle groups, but also takes into account the more specialized movement pattern training and more subdivided product design.
- **Functionality:** The 14 sets of products include several multi-functional products, which can meet the needs of multi-function, multi-muscle group and multi-action without affecting the use of a single function. It greatly solves the requirements of the site environment, two machines to one but not compromise on the function.
- **Simplicity:** On the basis of not sacrificing functionality, IFP series reduces the overall occupied area through structural design, so that more equipment can be arranged in the same area, which meets the needs of fitness practitioners for equipment diversity. And the overall structure is simple, reducing useless structures without affecting the maximum weight capacity, frequency of use, and intensity of use.



**IFP1101
SEATED SHOULDER PRESS**

PRODUCT DIMENSION (L×W×H)	1579×1520×1069 (mm) 62.2×59.8×42.1 (in)
PRODUCT WEIGHT	87 kg/191.8 lbs
MAX. WEIGHT CAPACITY	300 kg/661.4 lbs



IFP1103 STANDING LATERAL RAISE

PRODUCT DIMENSION (L×W×H)	1165×885×1550 (mm) 45.9×34.8×61.0 (in)
PRODUCT WEIGHT	57.3 kg/126.3 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



IFP1201 SEATED CHEST PRESS

PRODUCT DIMENSION (L×W×H)	1276×984×1248 (mm) 50.2×38.7×49.1 (in)
PRODUCT WEIGHT	64.2 kg/141.5 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



IFP1206 STANDING CHEST FLY

PRODUCT DIMENSION (L×W×H)	1515×1310×1491 (mm) 59.6×51.6×58.7 (in)
PRODUCT WEIGHT	70 kg/154.3 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



IFP1301 LAT PULLDOWN

PRODUCT DIMENSION (L×W×H)	1703×1339×2047 (mm) 67.0×52.7×80.6 (in)
PRODUCT WEIGHT	95 kg/216.1 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



IFP1302 SEATED ROW

PRODUCT DIMENSION (L×W×H)	1470×1020×1340 (mm) 57.9×40.2×52.8 (in)
PRODUCT WEIGHT	77.5 kg/170.9 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



IFP1305 T-BAR ROW

PRODUCT DIMENSION (L×W×H)	2079×908×635 (mm) 81.9×35.7×25.0 (in)
PRODUCT WEIGHT	23 kg/50.7 lbs
MAX. WEIGHT CAPACITY	150 kg/330.7 lbs



IFP1501 BICEP CURL

PRODUCT DIMENSION (L×W×H)	1302×707×988 (mm) 51.3×27.8×38.9 (in)
PRODUCT WEIGHT	56 kg/123.5 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



IFP1613 VERTICAL LEG PRESS

PRODUCT DIMENSION (L×W×H)	1655×1214×1711 (mm) 65.2×47.8×67.4 (in)
PRODUCT WEIGHT	110.4 kg/243.4 lbs
MAX. WEIGHT CAPACITY	350 kg/771.6 lbs



IFP1614 HIP THRUST

PRODUCT DIMENSION (L×W×H)	1292×1449×784 (mm) 50.9×57×30.9 (in)
PRODUCT WEIGHT	90 kg/198.4 lbs
MAX. WEIGHT CAPACITY	100 kg/220.5 lbs

IFP1604
PRONE LEG CURL

PRODUCT DIMENSION (L×W×H)	1623×1202×798 (mm) 63.9×47.3×31.4 (in)
PRODUCT WEIGHT	75.9 kg/167.3 lbs
MAX. WEIGHT CAPACITY	150 kg/330.7 lbs

IFP1605
SEATED LEG EXTENSION

PRODUCT DIMENSION (L×W×H)	1246×1173×995 (mm) 49.1×46.2×39.2 (in)
PRODUCT WEIGHT	63.4 kg/139.8 lbs
MAX. WEIGHT CAPACITY	150 kg/330.7 lbs

IFP1607
STANDING ADDUCTION

PRODUCT DIMENSION (L×W×H)	1341×1419×1461 (mm) 52.8×55.9×57.5 (in)
PRODUCT WEIGHT	TBD



IFP1615 BELT SQUAT

PRODUCT DIMENSION (L×W×H)	1615×1250×1032 (mm) 63.6×49.2×40.6 (in)
PRODUCT WEIGHT	77.5 kg/170.9 lbs
MAX. WEIGHT CAPACITY	300 kg/661 lbs



IFP1616 VERTICAL HIP THRUST

PRODUCT DIMENSION (L×W×H)	1220×1098×1165 (mm) 48.0×43.2×45.9 (in)
PRODUCT WEIGHT	67.5 kg/148.8 lbs
MAX. WEIGHT CAPACITY	150 kg/330.7 lbs



IFP1617 HACK SQUAT

PRODUCT DIMENSION (L×W×H)	1982×1485×1318 (mm) 78.0×58.5×51.9 (in)
PRODUCT WEIGHT	100.6 kg/221.8 lbs
MAX. WEIGHT CAPACITY	350 kg/771.6 lbs



IFP1619 REVERSE HYPEREXTENSION

PRODUCT DIMENSION (L×W×H)	1310×797×1153 (mm) 51.6×31.4×45.4 (in)
PRODUCT WEIGHT	66 kg/145.5 lbs
MAX. WEIGHT CAPACITY	100 kg/220.5 lbs



IFP1706 BICEPS/TRICEPS

PRODUCT DIMENSION (L×W×H)	1092×708×1287 (mm) 43.0×27.9×50.7 (in)
PRODUCT WEIGHT	47.3 kg/104.3 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs



IFP1711 HACK SQUAT/LEG PRESS

PRODUCT DIMENSION (L×W×H)	2634×1020×1373 (mm) 103.7×40.2×54.1 (in)
PRODUCT WEIGHT	150.5 kg/331.8 lbs
MAX. WEIGHT CAPACITY	350 kg/771.6 lbs



IFP1622 STANDING HIP ABDUCTOR

PRODUCT DIMENSION (L×W×H)	1720×595×1280 (mm) 67.7×23.4×50.4 (in)
PRODUCT WEIGHT	83.9 kg/185.0 lbs
MAX. WEIGHT CAPACITY	150 kg/330.7 lbs



IFP1623 SEATED CALF RAISE

PRODUCT DIMENSION (L×W×H)	1368×566×849 (mm) 53.9×22.3×33.4 (in)
PRODUCT WEIGHT	38.5 kg/84.9 lbs
MAX. WEIGHT CAPACITY	100 kg/220.5 lbs

IFP1707
LEVERAGE SQUAT/CALF

PRODUCT DIMENSION (L×W×H)	1490×1445×1550 (mm) 58.7×56.9×61.0 (in)
PRODUCT WEIGHT	115.5 kg/254.6 lbs
MAX. WEIGHT CAPACITY	350 kg/771.6 lbs

IFP1721
HALF CAGE/SMITH MACHINE

PRODUCT DIMENSION (L×W×H)	1404×1850×2343 (mm) 55.3×72.8×92.2 (in)
PRODUCT WEIGHT	77.5 kg/170.9 lbs
MAX. WEIGHT CAPACITY	250 kg/551.2 lbs

IFP1721OPT LAT PULLDOWN
SEATED ROW ATTACHMENT

PRODUCT DIMENSION (L×W×H)	1451×1231×2307 (mm) 57.1×48.5×90.8 (in)
PRODUCT WEIGHT	38.6 kg/85.1 lbs
MAX. WEIGHT CAPACITY	200 kg/440.9 lbs

ITF8 Line >>>



**ITF8101
OLYMPIC SHOULDER BENCH**

PRODUCT DIMENSION (L×W×H)	1717×1307×1850 (mm) 67.6×53.9×72.8 (in)
40"	108 Sets



ITF8201 3-WAY OLYMPIC BENCH

PRODUCT DIMENSION (L×W×H)	2401×1719×1558 (mm) 94.5×67.7×61.3 (in)
40"	94 Sets



ITF8102 UTILITY BENCH

PRODUCT DIMENSION (L×W×H)	1331×844×1038 (mm) 52.4×33.2×40.9 (in)
40"	168 Sets



ITF8202 OLYMPIC FLAT BENCH

PRODUCT DIMENSION (L×W×H)	1718×1703×1254 (mm) 67.6×67×49.4 (in)
40"	167 Sets



**ITF8202OPT
SAFETY BAR ATTACHMENT**

PRODUCT DIMENSION (L×W×H)	763×250×576 (mm) 30×9.8×22.7 (in)
40"	460 Sets

*can only connect with ITF8202 and ITF8204



ITF8203 OLYMPIC INCLINE BENCH

PRODUCT DIMENSION (L×W×H)	1718×2156×1254 (mm) 67.6×84.9×49.4 (in)
40"	94 Sets



ITF8204 OLYMPIC DECLINE BENCH

PRODUCT DIMENSION (L×W×H)	1718×1822×1450 (mm) 67.6×71.7×57.1 (in)
40"	112 Sets



ITF8301 SEAL ROW BENCH

PRODUCT DIMENSION (L×W×H)	1328×1275×973 (mm) 52.3×50.2×38.3 (in)
40"	140 Sets



ITF8401 ADJUSTABLE AB BENCH

PRODUCT DIMENSION (L×W×H)	1722×735×898 (mm) 67.8×28.9×35.4 (in)
40°	150 Sets



ITF8402 BACK EXTENSION BENCH

PRODUCT DIMENSION (L×W×H)	1797×716×1067 (mm) 70.7×28.2×42 (in)
40°	147 Sets



ITF8501 SEATED ARM CURL BENCH

PRODUCT DIMENSION (L×W×H)	1045×816×879 (mm) 41.1×32.1×34.6 (in)
40°	208 Sets



ITF8601 SQUAT RACK

PRODUCT DIMENSION (L×W×H)	1776×1722×1890 (mm) 69.9×67.8×74.4 (in)
40°	60 Sets



ITF8404 ROMAN BENCH

PRODUCT DIMENSION (L×W×H)	1182×657×692 (mm) 46.5×25.9×27.2 (in)
40°	234 Sets



ITF8406 GLUTE&HAM BENCH

PRODUCT DIMENSION (L×W×H)	1299×969×1281 (mm) 51.1×38.1×50.4 (in)
40°	72 Sets



ITF8613 HIP THRUST BENCH

PRODUCT DIMENSION (L×W×H)	1553×1046×489 (mm) 61.1×41.2×19.3 (in)
40°	189



ITF8618 SISSY & SPLIT SQUAT BENCH

PRODUCT DIMENSION (L×W×H)	867×721×648 (mm) 34.1×28.4×25.5 (in)
40°	286 Sets



ITF8701 KNEE RAISE

PRODUCT DIMENSION (L×W×H)	1199×787×1511 (mm) 47.2×31.0×59.5 (in)
40"	TBD



ITF8702 CHIN UP & KNEE RAISE

PRODUCT DIMENSION (L×W×H)	1359×1344×2377 (mm) 54.7×53.0×93.6 (in)
40"	TBD



ITF8801 FLAT BENCH

PRODUCT DIMENSION (L×W×H)	1339×673×430 (mm) 52.7×26.5×16.9 (in)
40"	324 Sets



ITF8802 FI-BENCH

PRODUCT DIMENSION (L×W×H)	1436×699×430 (mm) 56.5×27.5×16.9 (in)
40"	168 Sets



ITF8721 VERTICAL SMITH

PRODUCT DIMENSION (L×W×H)	1216×2242×2309 (mm) 47.9×88.2×90.9 (in)
40"	TBD



ITF8805 BARBELL RACK

PRODUCT DIMENSION (L×W×H)	887×744×1426 (mm) 34.9×29.3×56.1 (in)
40"	240 Sets



ITF8806 PLATE RACK

PRODUCT DIMENSION (L×W×H)	961×716×1212 (mm) 37.8×28.2×47.7 (in)
40"	242 Sets



ITF8809 DUMBBELL RACK

PRODUCT DIMENSION (L×W×H)	1980×856×928 (mm) 78×33.7×36.5 (in)
40"	104 Sets



ITF8810 DUMBBELL RACK

PRODUCT DIMENSION (L×W×H)	1980×856×937 (mm) 78×33.7×36.9 (in)
40"	104 Sets

IF Line >>>





IFHC HALF CAGE

PRODUCT DIMENSION (L×W×H)	1681×1720×2090 (mm) 66.2×67.7×82.3 (in)
PRODUCT WEIGHT	100 kg / 221 lbs
40"	150 Sets



IFHCL HALF CAGE LAT ATTACHMENT

PRODUCT DIMENSION (L×W×H)	1800×400×2100 (mm) 70.9×15.7×82.7 (in)
PRODUCT WEIGHT	41 kg / 90 lbs
40"	234 Sets



IFHCS HALF CAGE SMITH ATTACHMENT

PRODUCT DIMENSION (L×W×H)	1946×300×1727 (mm) 76.6×11.8×68 (in)
PRODUCT WEIGHT	33 kg / 73 lbs
40"	425 Sets
MAX. WEIGHT CAPACITY	200 kg / 440 lbs

IFLATM LAT MACHINE

PRODUCT DIMENSION (L×W×H)	1452×1224×2129 (mm) 57.2×48.2×83.8 (in)
PRODUCT WEIGHT	55.5 kg / 122 lbs
40"	302 Sets



IFPC POWER CAGE

PRODUCT DIMENSION (L×W×H)	1576×1256×3148 (mm) 62.6×49.4×84.6 (in)
PRODUCT WEIGHT	114 kg / 251 lbs
40"	90 Sets



IFPCL POWER CAGE LAT ATTACHMENT

PRODUCT DIMENSION (L×W×H)	1212×845×2053 (mm) 47.7×37.2×80.8 (in)
PRODUCT WEIGHT	31.8 kg / 70 lbs
40"	420 Sets





**IF45 45-DEGREE
HYPEREXTENSION**

PRODUCT DIMENSION (L×W×H)	1224×743×739 (mm) 48.2×29.3×29.1 (in)
PRODUCT WEIGHT	23.5 kg / 52 lbs
40"	340 Sets



**IFAH ADJUSTABLE
HYPEREXTENSION BENCH**

PRODUCT DIMENSION (L×W×H)	1260×743×917 (mm) 49.6×29.3×36.1 (in)
PRODUCT WEIGHT	36 kg / 79 lbs
40"	360 Sets



**IFRC
ROMAN CHAIR**

PRODUCT DIMENSION (L×W×H)	1361×743×1091 (mm) 53.6×29.3×43 (in)
PRODUCT WEIGHT	30.5 kg / 67 lbs
40"	504 Sets



**IFFB
FLAT BENCH**

PRODUCT DIMENSION (L×W×H)	1303×526×490 (mm) 51.3×20.7×19.3 (in)
PRODUCT WEIGHT	19.5 kg / 43 lbs
40"	532 Sets



**IFUB
UTILITY BENCH**

PRODUCT DIMENSION (L×W×H)	862×596×874 (mm) 33.9×23.5×34.4 (in)
PRODUCT WEIGHT	12.7 kg / 28 lbs
40"	375 Sets



**IFFI
FLAT/INCLINE BENCH**

PRODUCT DIMENSION (L×W×H)	1603×654×498 (mm) 63.1×25.7×19.6 (in)
PRODUCT WEIGHT	30 kg / 66 lbs
40"	396 Sets



**IFSPC SEATED
PREACHER CURL**

PRODUCT DIMENSION (L×W×H)	1021×712×870 (mm) 40.2×28×34.3 (in)
PRODUCT WEIGHT	24.7 kg / 54 lbs
40"	420 Sets



**IFAAB ADJUSTABLE
ABDOMINAL BENCH**

PRODUCT DIMENSION (L×W×H)	1624×570×1115 (mm) 63.9×22.4×43.9 (in)
PRODUCT WEIGHT	24 kg / 53 lbs
40"	450 Sets



**IFAC
ABDOMINAL CRUNCH**

PRODUCT DIMENSION (L×W×H)	1103×476×578 (mm) 43.4×18.7×22.8 (in)
PRODUCT WEIGHT	17 kg / 37 lbs
40"	697 Sets



**IFOB
OLYMPIC BENCH PRESS**

PRODUCT DIMENSION (L×W×H)	1439×1264×1086 (mm) 56.7×49.8×42.8 (in)
PRODUCT WEIGHT	62.5 kg / 138 lbs
40"	252 Sets



**IFARMA
ARM CURL ATTACHMENT**

PRODUCT DIMENSION (L×W×H)	584×434×761 (mm) 23×17.1×30 (in)
PRODUCT WEIGHT	6.6 kg / 15 lbs
40"	840 Sets



**IFLEGA
LEG EXTENSION/CURL ATTACHMENT**

PRODUCT DIMENSION (L×W×H)	539×426×470 (mm) 21.2×16.8×18.5 (in)
PRODUCT WEIGHT	7.3 kg / 16 lbs
40"	1728 Sets



**IFST
STRETCH**

PRODUCT DIMENSION (L×W×H)	1865×1730×2150 (mm) 73.4×68.1×84.6 (in)
PRODUCT WEIGHT	90 kg / 198 lbs
40"	112 Sets



**IFPT
POWER TOWER**

PRODUCT DIMENSION (L×W×H)	1242×1316×2113 (mm) 48.9×51.8×83.2 (in)
PRODUCT WEIGHT	76.5 kg / 169 lbs
40"	245 Sets



**IFSS
SQUAT STAND**

PRODUCT DIMENSION (L×W×H)	1226×1575×1735 (mm) 48.3×62×68.3 (in)
PRODUCT WEIGHT	56.5 kg / 125 lbs
40"	320 Sets



**IFOB
FLAT BENCH PRESS**

PRODUCT DIMENSION (L×W×H)	1525×1310×1265 (mm) 60×51.6×49.8 (in)
PRODUCT WEIGHT	60.5 kg / 133 lbs
40"	154 Sets



**IFOB
INCLINE BENCH PRESS**

PRODUCT DIMENSION (L×W×H)	1560×1310×1395 (mm) 61.4×51.6×54.9 (in)
PRODUCT WEIGHT	68.5 kg / 151 lbs
40"	147 Sets



**IFLPHS
LEG PRESS/HACK SQUAT MACHINE**

PRODUCT DIMENSION (L×W×H)	2245×818×1298 (mm) 88.4×32.2×51.1 (in)
PRODUCT WEIGHT	162.5 kg / 358 lbs
40"	108 Sets
MAX. WEIGHT CAPACITY	200 kg / 440 lbs



**IFFID
MULTI-PURPOSE BENCH**

PRODUCT DIMENSION (L×W×H)	1582×655×501 (mm) 62.3×25.8×19.7 (in)
PRODUCT WEIGHT	33 kg / 73 lbs
40"	417 Sets



**IFODB
DECLINE BENCH PRESS**

PRODUCT DIMENSION (L×W×H)	1900×1310×1156 (mm) 74.8×51.6×45.5 (in)
PRODUCT WEIGHT	70 kg / 154 lbs
40"	154 Sets





IFLEGM LEG EXTENSION/CURL MACHINE

PRODUCT DIMENSION (L×W×H)	1055×1044×1053 (mm) 41.5×41.1×41.5 (in)
PRODUCT WEIGHT	51 kg / 112 lbs
40"	192 Sets



IFCR CALF RAISE

PRODUCT DIMENSION (L×W×H)	1207×559×1016 (mm) 43.3×22.0×40.0 (in)
PRODUCT WEIGHT	47.5 kg / 78 lbs
40"	520 Sets
MAX. WEIGHT CAPACITY	100 kg / 220 lbs



IFBR BARBELL RACK

PRODUCT DIMENSION (L×W×H)	792×844×1380 (mm) 31.2×33.2×54.3 (in)
PRODUCT WEIGHT	43.7 kg / 96 lbs
40"	195 Sets



IFPTO PLATE TREE-OLYMPIC

PRODUCT DIMENSION (L×W×H)	843×632×1108 (mm) 33.2×24.9×43.6 (in)
PRODUCT WEIGHT	19.5 kg / 43 lbs
40"	890 Sets



IFDB3 DUMBBELL RACK-3'

PRODUCT DIMENSION (L×W×H)	1079×473×677 (mm) 42.5×18.6×26.7 (in)
PRODUCT WEIGHT	29 kg / 64 lbs
40"	600 Sets



IFDB4 DUMBBELL RACK-4'

PRODUCT DIMENSION (L×W×H)	1372×475×869 (mm) 54×18.7×34.2 (in)
PRODUCT WEIGHT	35.3 kg / 78 lbs
40"	430 Sets



IFDB4A DUMBBELL RACK-4' ATTACHMENT

PRODUCT DIMENSION (L×W×H)	1242×244×74 (mm) 48.9×9.6×2.9 (in)
PRODUCT WEIGHT	12 kg / 26 lbs
40"	1400 Sets



HG5 CABLE MOTION GYM

PRODUCT DIMENSION (L×W×H)	1451×1339×2132 (mm) 57.1×52.7×83.9 (in)
PRODUCT WEIGHT	195.9 kg / 431.9 lbs
40"	82 Sets
WEIGHT STACK	73 kg / 160 lbs



IFFI5 BENCH

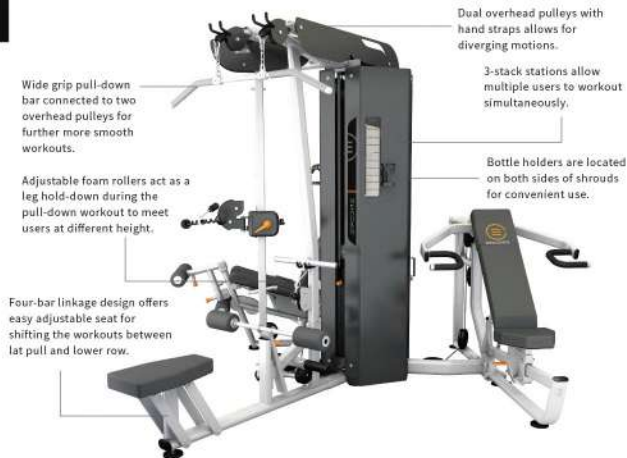
PRODUCT DIMENSION (L×W×H)	1380×490×441 (mm) 54.3×19.3×17.3 (in)
PRODUCT WEIGHT	25.7kg/56.7lbs
MAX WEIGHT CAPACITY	200kg/441lbs



MULTI GYMS & DAP >> >

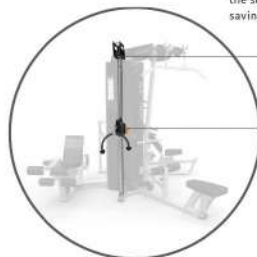


ES3000 3 STACK MULTI-STATION

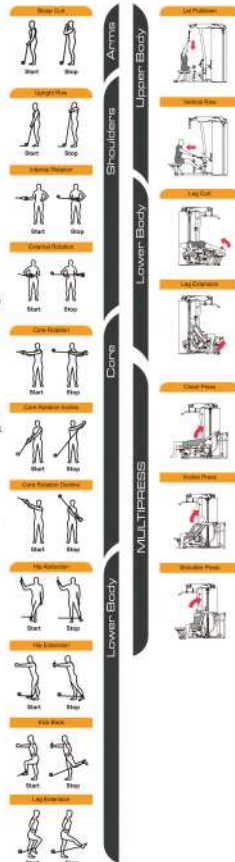


Product Dimension (L X W X H)	2694x2440x2145(mm) 106.1x96.1x84.6(in)
Product Weight	299.9kg/661.2lbs
Stacks Weight	91kgx3 (200lbsx3)
OPT Weight	26.5kg

ES3000 OPT HI-LO PULLEY ATTACHMENT



Excellent structural design, easy & quick adjustment seat is for prone leg curls or leg extension exercises which satisfy various muscle groups.



ES9030 DUAL ADJUSTABLE PULLEY ES7011 BENCH



Conveniently located iPad holder allows user to watch online training videos during the workouts, over-sized bottle holder is within reach.



Fold away bench for easy storage and space saving



ES9030(Long Shroud)

Product Dimension (L X W X H)	1734 x 1123 x 2150 (mm) 68.3 x 44.2 x 84.7 (in)
Product Weight	149.5kg/328.9lbs
Stacks Weight	77kg x 2 (170lbs x 2)



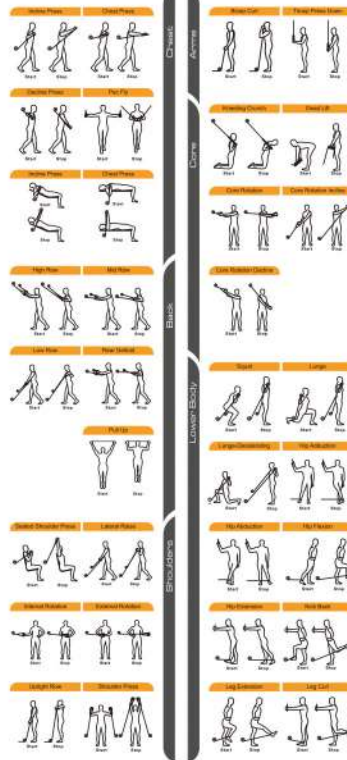
ES9030(Short Shroud)

Product Dimension (L X W X H)	1734 x 1123 x 2150 (mm) 68.3 x 44.2 x 84.7 (in)
Product Weight	121.5kg/267.3lbs
Stacks Weight	77kg x 2 (170lbs x 2)



ES7011

Product Dimension (L X W X H)	1440 x 525 x 490 (mm) 56.7 x 20.7 x 19.3 (in)
Product Weight	34.3kg/75.6lbs



ES7030 DUAL ADJUSTABLE PULLEY



Chin-up/pull-up bar with ergonomic bends for regular grip, wide grip and reverse grip exercises.

31 vertical pulley positions for a large variety of different exercises.

With accessories as lat strap, long bar retractable strap, leg ext/curl strap and tricep rope, DAP offers users dynamic and various workouts.

*Accessories sold separately.



TENSION ROPE

Product Dimension	650(mm)/25.6 (in)
Pull	≥450kg/992.1lbs



HANDLE

Product Dimension	1126x35(mm) 44.3x1.4(in)
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ES7030

Product Dimension (L×W×H)	1641x916x2142(mm) 64.6x36.1x84.3(in)
Stacks Weight	77kpx2 (170lbsx2)



ES2100 Multi-Functional Trainer with Smith



Product Dimension (L X W X H)	1681x1720x2090(mm) 66.18x67.72x82.28(in)
Product Weight	186.1kg/410.3lbs
Opt Weight Stack	170lbs/200lbs x 2 sets

ES2000 Multi-Functional Trainer with Smith (Plate Loaded)



Product Dimension (L X W X H)	2007x1724x2126(mm) 79.01x67.87x83.70(in)
Product Weight	184kg/405.7lbs

ES2000/2100 Accessory

Standard	POM Handle	Short Pole	Support Strap	Dip Arm
	Barbell Bar Storage	Ankle Strap	Double-ended Rope	Rowing Foot Pedal
Optional	ES2000OPT1 Pivot	ES2000OPT2 Foam Roller + Hi Pull-down Aluminum Rod	PTSHILO15000 Chop Bar	



IF2011 FID BENCH

PRODUCT DIMENSION	1368 X 568 X 510 (mm) 53.9 X 22.4 X 20.1 (in)
PRODUCT WEIGHT	30kg/66lbs



HSP professional physical training equipment is a perfect solution of multiple and customized functional training needs. It is designed to improve strength, endurance, speed, power, agility and dynamic balance. It can meet different requirements of professional athletes, sports teams, physical training center and big commercial gyms.

HSP-PRO001 AIR RESISTANCE DUAL-ARM FUNCTIONAL TRAINER



The 5 LED windows design can accurately display the resistance level, training times (2 windows), peak power percentage and parameters, which is convenient for the user to always grasp the training information to scientifically arrange the training plan.



Depending on the height and movement of the trainer, the training arm can be adjusted in coronal plane (up and down) of 180° and at 13 gears. Unilateral horizontal level of both arms (front and rear) 90°, 7 gears adjustment, which is suitable for all heights and training types.

Model	HSP-PRO001
Power	110V-220V
Resistance Range	2kg-25kg
Resistance Increment	0.1kg
Product Dimension	2500 × 1100 × 2400 (mm) 98.4 × 43.3 × 94.5 (in)
Net Weight	150kg/330.7lbs
Fixed	Can be fixed to the floor or wall



Equipped with double training arms, the cable joint end can rotate 360° with the change of force direction of the trainer, ensuring the comfort of the strength exertion and variable force direction need during the training process. Meanwhile, it can protect the cable and extend its service life.



It can also expand a variety of accessories to cooperate with various special functional trainings, such as dual pull handle, ankle strap, training bat, training belt, thigh strap, tricep training rope, etc.



Through easy-to-understand training guidelines, users can quickly master the training methods of major muscle groups.

HSP-PRO002 AIR RESISTANCE FUNCTIONAL TRAINER



Accurate and convenient adjustment: It can adjust resistance at a minimum increment of 0.1kg with two buttons; giving user a better control over the functional training process.



Through easy-to-understand training guidelines, users can quickly master the training methods of major muscle groups.



The 50mm 2000mm single pulley track with 36 gears adjustment, and the angle of the pulley can be rotated with the change of the direction of the force, which meets all heights and training types of use, but also to protect the equipment and cable, extend the life of the role.

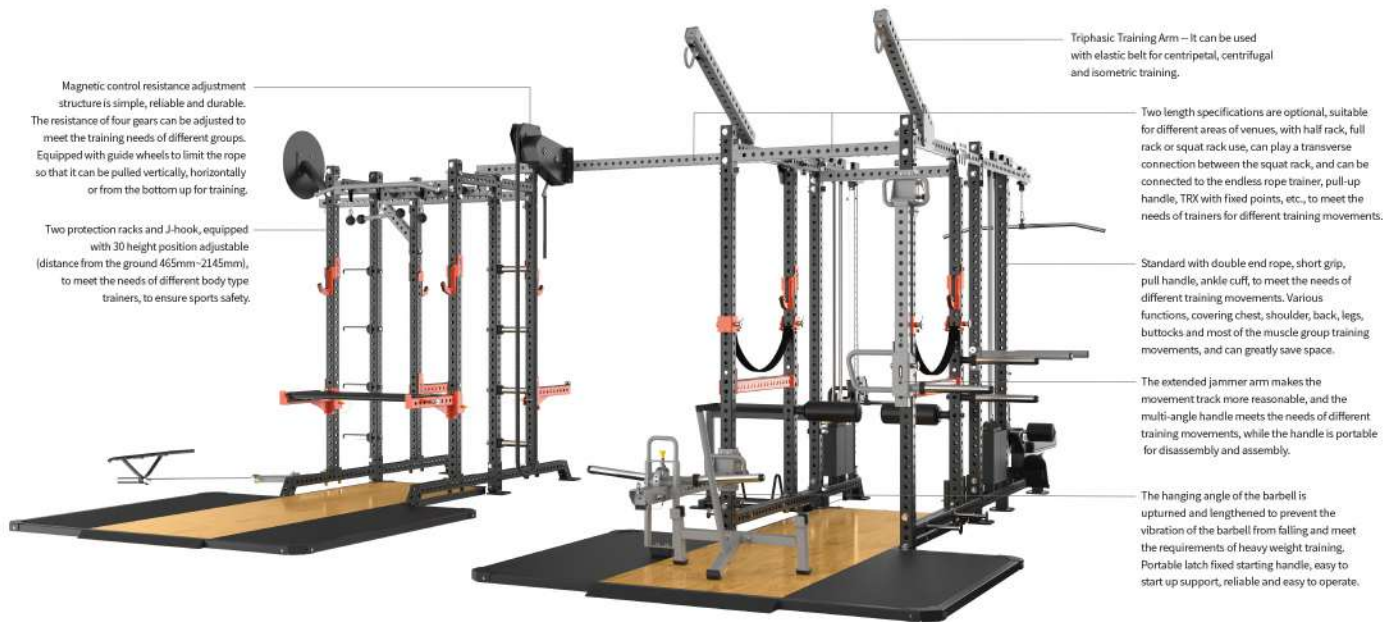


Multiple HSP-PRO002 equipment can be designed as a training area to meet the needs of multi-functional training for single trainer or multi-group training.

Model	HSP-PRO002
Power	110V-220V
Resistance Range	2kg-37.5kg
Resistance Increment	0.1kg
Resistance Levels	36
Product Dimension	560 × 445 × 2340 (mm) 22.0 × 17.5 × 92.1 (in)
Net Weight	150kg/330.7lbs
Fixed	Can be fixed to the floor or wall

Mega Space Line >>>

Mega Space products are a specialist, more functional and customized rack strength product solution for strength and conditioning venues. The products can meet the needs of competitive training centers, large commercial clubs and professional studios for professional olympic strength training equipment.



	Shape	Package		Shape	Package
01		2xMS00 STAND-SINGLE STORAGE 2xMS11 LAT PULLDOWN/VERTICAL ROW 2xMS12 FUNCTIONAL CABLE PULLEY 1xMS21/22 RACK CONNECTED BRIDGE	12		2xMS00 STAND-SINGLE STORAGE 4xMS01 HALF RACK 1xMS21/22 RACK CONNECTED BRIDGE
02		2xMS00 STAND-SINGLE STORAGE 2xMS01 HALF RACK 2xMS11 LAT PULLDOWN/VERTICAL ROW 2xMS12 FUNCTIONAL CABLE PULLEY 1xMS21/22 RACK CONNECTED BRIDGE	13		2xMS00 STAND-SINGLE STORAGE 4xMS02 POWER RACK 1xMS21/22 RACK CONNECTED BRIDGE
03		2xMS00 STAND-SINGLE STORAGE 2xMS02 POWER RACK 2xMS11 LAT PULLDOWN/VERTICAL ROW 2xMS12 FUNCTIONAL CABLE PULLEY 1xMS21/22 RACK CONNECTED BRIDGE	14		2xMS00 STAND-SINGLE STORAGE 4xMS01 HALF RACK MS23 BUMPER PLATE STORAGE CONNECTOR BETWEEN RACK MS24 KETTLEBELL STORAGE CONNECTOR BETWEEN RACK MS25 BALL STORAGE CONNECTOR BETWEEN RACK MS26 DUMBBELL STORAGE CONNECTOR BETWEEN RACK
04		1xMS00 STAND-SINGLE STORAGE 1xMS01 HALF RACK	15		2xMS00 STAND-SINGLE STORAGE 4xMS02 POWER RACK MS23 BUMPER PLATE STORAGE CONNECTOR BETWEEN RACK MS24 KETTLEBELL STORAGE CONNECTOR BETWEEN RACK MS25 BALL STORAGE CONNECTOR BETWEEN RACK MS26 DUMBBELL STORAGE CONNECTOR BETWEEN RACK
05		1xMS00 STAND-SINGLE STORAGE 1xMS02 POWER RACK	16		2xMS00 STAND-SINGLE STORAGE 4xMS02 POWER RACK 2xMS11 LAT PULLDOWN/VERTICAL ROW 1xMS22 RACK CONNECTED BRIDGE
06		2xMS00 STAND-SINGLE STORAGE 2xMS01 HALF RACK MS23 BUMPER PLATE STORAGE CONNECTOR BETWEEN RACK MS24 KETTLEBELL STORAGE CONNECTOR BETWEEN RACK MS25 BALL STORAGE CONNECTOR BETWEEN RACK MS26 DUMBBELL STORAGE CONNECTOR BETWEEN RACK	17		2xMS11 LAT PULLDOWN/VERTICAL ROW 2xMS12 FUNCTIONAL CABLE PULLEY 1xMS29 CENTRAL CONNECTED STAND
07		2xMS00 STAND-SINGLE STORAGE 2xMS02 POWER RACK MS23 BUMPER PLATE STORAGE CONNECTOR BETWEEN RACK MS24 KETTLEBELL STORAGE CONNECTOR BETWEEN RACK MS25 BALL STORAGE CONNECTOR BETWEEN RACK MS26 DUMBBELL STORAGE CONNECTOR BETWEEN RACK	18		2xMS11 LAT PULLDOWN/VERTICAL ROW 4xMS12 FUNCTIONAL CABLE PULLEY 1xMS28 MULTI STATION CONNECTED BRIDGE 2xMS29 CENTRAL CONNECTED STAND 2xHSPCF28 MULTI ANGLE PULL UP HANDLE
08		2xMS00 STAND-SINGLE STORAGE 2xMS02 POWER RACK MS23 BUMPER PLATE STORAGE CONNECTOR BETWEEN RACK MS24 KETTLEBELL STORAGE CONNECTOR BETWEEN RACK MS25 BALL STORAGE CONNECTOR BETWEEN RACK MS26 DUMBBELL STORAGE CONNECTOR BETWEEN RACK	19		4xMS11 LAT PULLDOWN/VERTICAL ROW 4xMS12 FUNCTIONAL CABLE PULLEY 1xMS28 MULTI STATION CONNECTED BRIDGE 2xMS29 CENTRAL CONNECTED STAND 2xHSPCF28 MULTI ANGLE PULL UP HANDLE
09		1xMS00 STAND-SINGLE STORAGE 2xMS01 HALF RACK			
11		1xMS00 STAND-SINGLE STORAGE 2xMS02 POWER RACK			



MS00 STAND-SINGLE STORAGE

PRODUCT DIMENSION (L×W×H)	1790×609×2614 (mm) 70.5×24.0×103.0 (in)
PRODUCT WEIGHT	83.4kg/183.9lbs



MS01 HALF RACK

PRODUCT DIMENSION (L×W×H)	1377×1261×2614 (mm) 54.2×49.6×103.0 (in)
PRODUCT WEIGHT	98.3kg/216.7lbs



MS02 POWER RACK

PRODUCT DIMENSION (L×W×H)	1377×2306×2614 (mm) 54.2×90.8×103.0 (in)
PRODUCT WEIGHT	173kg/381.4lbs



MS11 LAT PULLDOWN/ VERTICAL ROW

PRODUCT DIMENSION (L×W×H)	1226×2160×2590 (mm) 48.3×85.0×102.2 (in)
PRODUCT WEIGHT	101.7kg/224.2lbs



MS12 FUNCTIONAL CABLE PULLEY

PRODUCT DIMENSION (L×W×H)	496×1313×2599 (mm) 19.5×51.7×102.3 (in)
PRODUCT WEIGHT	51.7kg/114.0lbs



MS15 ENDLESS ROPE TRAINER

PRODUCT DIMENSION (L×W×H)	527×266×537 (mm) 20.7×10.5×21.1 (in)
PRODUCT WEIGHT	32.9kg/72.5lbs



MS13 JAMMER ARM

L.W.H	1385×675×368 (mm) 54.9×34.4×14.5 (in)
N.W	513kg/1124lbs



MS14 BELT SQUAT

L.W.H	1112×550×677 (mm) 43.8×21.7×26.7 (in)
N.W	21.8kg/48.3lbs



MS21 RACK CONNECTED BRIDGE

L.W.H	240×2056×192 (mm) 9.4×80.9×7.6 (in)
N.W	17.3kg/38.3lbs



MS22 RACK CONNECTED BRIDGE

L.W.H	240×2796×192 (mm) 9.4×109.5×7.6 (in)
N.W	21.4kg/47.2lbs



MS28 MULTI STATION CONNECTED BRIDGE

L.W.H	145×3000×762 (mm) 5.7×118.1×30 (in)
N.W	28.5kg/62.8lbs



MS23 BUMPER PLATE STORAGE CONNECTOR BETWEEN RACK

L.W.H	385×2120×286 (mm)
	15.2×83.5×11.3 (in)
N.W	20.1kg/44.3lbs



MS24 KETTLEBELL STORAGE CONNECTOR BETWEEN RACK

L.W.H	441×2120×107 (mm)
	17.4×83.5×4.2 (in)
N.W	37.5kg/82.7lbs



MS25 BALL STORAGE CONNECTOR BETWEEN RACK

L.W.H	2120×385×108 (mm)
	83.5×15.2×4.3 (in)
N.W	15kg/33.1lbs



MS26 DUMBBELL STORAGE CONNECTOR BETWEEN RACK

L.W.H	2120×385×108 (mm)
	83.5×15.2×4.3 (in)
N.W	24kg/52.9lbs



MS27 SIDE STORAGE

L.W.H	905×416×763 (mm)
	39.2×16.4×30.0 (in)
N.W	30.8kg/67.9lbs



MS704001 STORAGE RACK FRAM

L.W.H	1559×865×210 (mm)
	61.4×34.1×8.3 (in)
N.W	20.2kg/44.5lbs



MS704002 BUMPER PLATE STORAGE

L.W.H	2023×385×347 (mm)
	79.6×15.2×13.6 (in)
N.W	20kg/44.1lbs



MS704003 KETTLEBELL STORAGE

L.W.H	2023×441×108 (mm)
	79.6×17.4×4.3 (in)
N.W	36.8kg/81.1lbs



MS704004 BALL STORAGE

L.W.H	2023×385×108 (mm)
	79.6×15.2×4.3 (in)
N.W	14.9kg/32.8lbs



MS704005 DUMBBELL STORAGE

L.W.H	2023×385×108 (mm)
	79.6×15.2×4.3 (in)
N.W	25kg/55.1lbs



MS29 CENTRAL CONNECTED STAND

L.W.H	2614×160×160 (mm)
	102.9×6.3×6.3 (in)
N.W	17.1kg/37.7lbs



MS41 ADJUSTABLE UTILITY PLATFORM

L.W.H	1340×400×77 (mm)
	52.8×15.7×3.0 (in)
N.W	20kg/44.1lbs



MS43 ADJUSTABLE UTILITY PIN

L.W.H	590 (mm)
	23.2 (in)
N.W	6.8kg/15lbs



MS44 BARBELL/ UTILITY PLATFORM STORAGE ATTACHMENT

L.W.H	280×240×190 (mm)
	11.0×9.4×7.5 (in)
N.W	6kg/13.2lbs



MS45 FOAM ROLLER PAD

L.W.H	559 (mm)
	22.0 (in)
N.W	7.3kg/16.1lbs



MS50 LOGO

L.W.H	325×101×50 (mm)
	12.8×4.0×2.0 (in)



MS7041 BARBELL LIFTER

L.W.H	781×618×905 (mm)
	30.7×24.3×35.6 (in)
N.W	11.2kg/24.7lbs



MS7042 FARMER'S WALK BAR

L.W.H	1440×169×76 (mm)
	56.7×6.7×3.0 (in)
N.W	15.2kg/33.5lbs



MS7043 T-BAR ROW HANDLE

L.W.H	908×257×205 (mm)
	35.7×10.1×8.1 (in)
N.W	4.4kg/9.7lbs



MS7048 POWER SLED

L.W.H	1040×702×922 (mm)
	40.9×27.6×36.3 (in)
N.W	27.9kg/61.5lbs



IZCFA16 HEAVY BAG HANGER

L.W.H	963×76.2×600 (mm)
	37.9×3.0×23.6 (in)
N.W	12.8kg/28.2lbs



IZCFA12 WALL BALL TARGET

L.W.H	550×245.7×608 (mm)
	21.7×9.7×23.9 (in)
N.W	17.6kg/38.8lbs



HSPCF28 MULTI ANGLE PULL UP HANDLE

L.W.H	1143×324×199 (mm)
	45×12.8×4.3 (in)
N.W	12.8kg/28.2lbs



HSPCF29 TRIPHASIC TRAINING ARM

L.W.H	1081×721×105 (mm)
	42.6×28.4×4.1 (in)
N.W	32kg/70.5lbs



HSPCF42 TRICEP DIP ATTACHMENT

L.W.H	649×728×167 (mm)
	25.6×28.7×6.6 (in)
N.W	10.1kg/22.3lbs



HSPCF47 RESISTANT BAND ANCHOR

L.W.H	305 (mm)
	12.0 (in)
N.W	6.2kg/13.7lbs



HSPCF49 SAFETY STRAPS

L.W.H	1150×50×10 (mm)
	45.3×2.0×0.4 (in)
N.W	10.1kg/22.3lbs



HSPCF51 BATTLE ROPE ANCHOR

L.W.H	70×152×180 (mm)
	2.8×6.0×7.1 (in)
N.W	2.3kg/4.9lbs



HSPCF52 LANDMINE RACK ATTACHMENT

L.W.H	126×530×240 (mm)
	5.0×20.9×9.4 (in)
N.W	8kg/17.6lbs



HSPCF54 J HOOK ATTACHMENT

L.W.H	296×224×224 (mm)
	11.7×8.8×8.8 (in)
N.W	6.8kg/15.0lbs



HSPCF59 BALL GRIP ATTACHMENT

L.W.H	321/207/443×209×76 (mm)
	12.6/8.1/17.4×8.2×3.0 (in)
N.W	7.8kg/17.2lbs



MS31/SE5031 PLATEFORMS

L.W.H	2446×3421×50 (mm)
	96.3×134.7×2.0 (in)
N.W	263.5kg/580.9lbs



MS32/HSPCF35 PLATEFORMS

L.W.H	2576×3825×54 (mm)
	101.4×150.6×2.1 (in)
N.W	280kg/617.3lbs

FF Line >> >

Thoughtful design: The product is made with high-quality materials and exquisite craftsmanship.

The vertical columns and crossbeams are constructed using 3mm thick tubes to ensure sturdiness and durability, meeting the high-intensity demands of commercial environments.

Multi-functionality: The versatile FF series offers not only a variety of configurations for different types of functional training to help you achieve diverse fitness goals, but also seamlessly integrates storage functionality into the product. With multiple storage compartments, it ensures your workout area remains neat and organized, maximizing space utilization at all times.

The storage shelf can be installed at a 27-degree angle, adding both aesthetic appeal and convenient access to various accessories.

The Center-based design concept involves anchoring in the middle of the space, requiring only a connection to the floor. This maximizes the position for suspended multi-functional training and accommodates more individuals for training.

*All accessories shown in the image, such as dumbbells, kettlebells, medicine balls, barbells, sandbags, resistance bands, etc., are for demonstration purposes only. The actual product does not come with such accessories.

Discover the perfect fusion of functionality and storage! We proudly present our latest product, a revolutionary combination of functional training and storage rack capability. Welcome to experience this innovative product that will bring endless possibilities to your fitness space!

FF stands out with its unique design and multifunctionality. It not only offers an efficient area for functional training but also cleverly incorporates storage rack capabilities. By connecting extension module, you can extend it endlessly to the right, creating a spacious storage rack and an infinite functional training area.

Flexible extension: With the ability to connect the Extension Module, you can effortlessly extend the product to the right, creating storage racks and functional training areas of various sizes based on your space requirements.

Comes with multiple hooks designed for the use and storage of resistance bands and other training straps, allowing you to adjust their positions according to your preferences for added convenience.

The spacing between the main upright holes is 100mm. You can adjust the positions and heights of storage shelves, hooks, and other accessories according to your specific usage scenarios.

The Wall-based design concept aims to maximize space utilization by requiring connections to both the wall and the floor. This provides additional storage space while also offering the potential for more multi-functional training opportunities.





FF00 MAIN RACK
(WALL-BASED)



FF1011
EXPANSION MODULE
(WALL-BASED)



FF00+FF1011



FF01 MAIN RACK
(CENTER-BASED)



FF1012
EXPANSION MODULE
(CENTER-BASED)



FF01+FF1012



FF02 BACK RACK



FF02+FF1013+FF01
+FF1011+3*FF24
+FF25+FF44+FF52
+FF46+FF52+FF53



FF1013 BACK
RACK EXTENSION

Shape	Package/Product Dimension
	1x FF00 FF1011 FF23 FF24 FF25 FF44 FF46 FF52 FF53 1726 × 1321 × 2334 (mm) 68.0 × 52.0 × 91.9 (in)
	1x FF00 FF1011 FF23 FF24 FF25 2x FF44 FF46 FF52 FF53 3269 × 1321 × 2334 (mm) 128.7 × 52.0 × 91.9 (in)
	1x FF00 FF1011 FF23 FF24 FF25 3x FF44 FF46 FF52 FF53 4812 × 1321 × 2334 (mm) 189.4 × 52.0 × 91.9 (in)
	1x FF01 FF1012 FF23 FF24 FF25 FF44 FF46 FF52 FF53 1726 × 1988 × 2334 (mm) 68.0 × 78.7 × 91.9 (in)
	1x FF01 FF23 FF1012 FF24 FF25 2x FF44 FF46 FF52 FF53 3269 × 1988 × 2334 (mm) 128.7 × 78.7 × 91.9 (in)
	1x FF01 3x FF1012 4812 × 1988 × 2334 (mm) 189.4 × 78.7 × 91.9 (in)
	1x FF01 3x FF1012 4812 × 1988 × 2334 (mm) 189.4 × 78.7 × 91.9 (in)



FF00 MAIN RACK
(WALL-BASED)

L.W.H	367 × 1321 × 2334 (mm) 14.4 × 52.0 × 91.9 (in)
N.W	51.6kg/113.7lbs



FF01 MAIN RACK
(CENTER-BASED)

L.W.H	367 × 1998 × 2334 (mm) 14.4 × 78.7 × 91.9 (in)
N.W	67kg/147.7lbs



FF02
BACK RACK

L.W.H	285 × 300 × 2380 (mm) 11.2 × 11.8 × 93.7 (in)
N.W	43.5kg/95.9lbs



FF1011 EXPANSION
MODULE (WALL-BASED)

L.W.H	1641 × 1321 × 2334 (mm) 64.6 × 52.0 × 91.9 (in)
N.W	73.3kg/161.6lbs



FF1012 EXPANSION
MODULE (CENTER-BASED)

L.W.H	1641 × 1988 × 2334 (mm) 64.6 × 78.7 × 91.9 (in)
N.W	93kg/206lbs



FF1013 BACK
RACK EXTENSION

L.W.H	345 × 270 × 280 (mm) 13.6 × 10.6 × 93.7 (in)
N.W	62.5kg/137.8lbs



FF-SP
STORAGE POST

L.W.H	2338 × 675 × 1016 (mm) 92.0 × 26.6 × 91.9 (in)
N.W	100kg/218lbs



FF23 TRAINING
PLATE STORAGE

L.W.H	1555 × 370 × 251 (mm) 61.2 × 14.6 × 9.9 (in)
N.W	12.1kg/26.7lbs



FF24 DUMBBELL
KETTLEBELL
STORAGE

L.W.H	1555 × 465 × 74 (mm) 61.2 × 18.3 × 2.9 (in)
N.W	20.6kg/45.4lbs



FF25
BALL STORAGE

L.W.H	1555 × 230 × 70 (mm) 61.2 × 9.1 × 2.8 (in)
N.W	7.1kg/15.7lbs



FF44
BARBELL STORAGE

L.W.H	236 × 194 × 200 (mm) 10.4 × 7.6 × 7.9 (in)
N.W	3.6kg/7.9lbs



FF46
WALL BALL TARGET

L.W.H	450 × 355 × 821 (mm) 17.7 × 14.0 × 32.3 (in)
N.W	16kg/35.3lbs



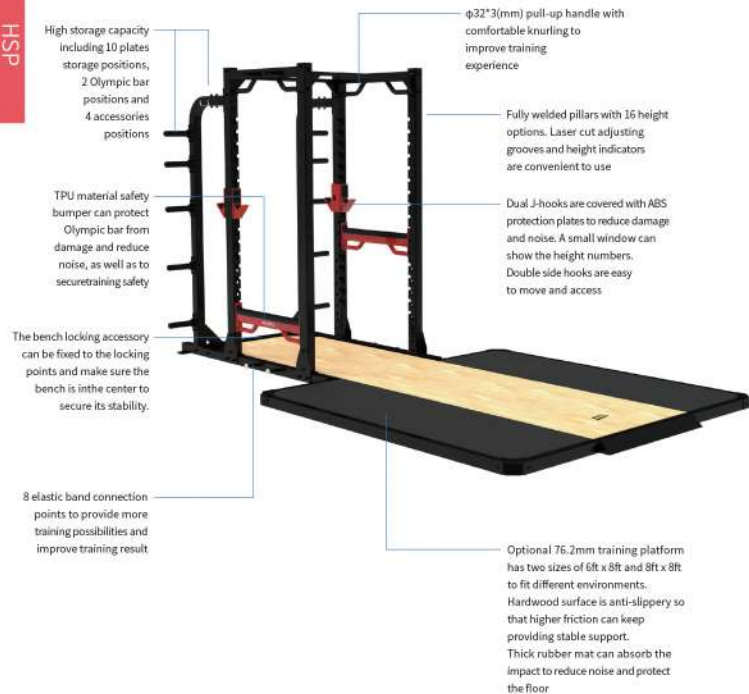
FF52 LANDMINE
RACK ATTACHMENT

L.W.H	380 × 200 × 100 (mm) 15.0 × 7.9 × 3.9 (in)
N.W	3.3kg/7.3lbs



FF53 VERTICAL
DUMBBELL STORAGE

L.W.H	1070 × 260 × 140 (mm) 42.1 × 10.2 × 5.5 (in)
N.W	9.8kg/21.6lbs



Shape		Optional Accessory Package	Product Dimension
HSPR01-HALF RACK		HSP7011 ADJUSTABLE DOCK* N LOCK BENCH HSPR21 RACK CONNECTOR-MULTI-GRIP HSPR31 PLATFORM(6FT*8FT) HSPR41 STEP ATTACHMENT HSPR42 DIP ATTACHMENT HZ7008 BATTLE ROPE ATTACHMENT IZ7012 PIVOT SE5043 SPOTTER STANDS	1750 × 1470 × 2480 (mm) 68.9 × 57.9 × 97.6 (in)
HSPR02-POWER RACK		HSP7011 ADJUSTABLE DOCK* N LOCK BENCH HSPR21 RACK CONNECTOR-MULTI-GRIP HSPR32 PLATFORM(8FT*8FT) HSPR41 STEP ATTACHMENT HSPR42 DIP ATTACHMENT HZ7008 BATTLE ROPE ATTACHMENT IZ7012 PIVOT SE5043 SPOTTER STANDS	2085 × 1750 × 2480 (mm) 82.1 × 68.9 × 97.6 (in)
HSPR03-DOUBLE HALF RACK		HSP7011 ADJUSTABLE DOCK* N LOCK BENCH HSPR21 RACK CONNECTOR-MULTI-GRIP HSPR31 PLATFORM(6FT*8FT) HSPR41 STEP ATTACHMENT HSPR42 DIP ATTACHMENT HZ7008 BATTLE ROPE ATTACHMENT IZ7012 PIVOT SE5043 SPOTTER STANDS	2595 × 1750 × 2480 (mm) 102.2 × 57.9 × 97.6 (in)



HSPR31 PLATFORM(6FT*8FT)

PRODUCT DIMENSION	3140 × 2560 × 76.2 (mm) 123.6 × 100.8 × 3.0 (in)
PRODUCT WEIGHT	263.5kg/580.9lbs



HSPR32 PLATFORM(8FT*8FT)

PRODUCT DIMENSION	4355 × 2560 × 76.2 (mm) 171.5 × 100.8 × 3.0 (in)
PRODUCT WEIGHT	263.5kg/580.9lbs



ZONE360

Group Functional Training Solutions



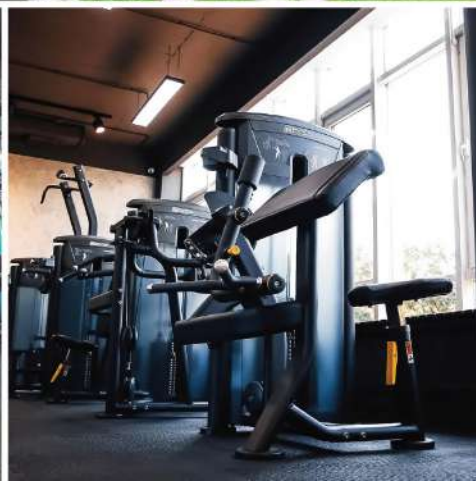
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	Shape	Package	Product Dimension	Optional Accessory Package
IZ-S		IZ7001 Stretching Station IZ7003 Rebounder Station IZ7011 S-joint	3250×1120×2364(mm) 128×44.1×93.1(in)	IZ7009 Step Attachment IZ7010 DIP Attachment IZ7012 Pivot Kettlebell, Battle Rope, TRX, Medicine ball, Bar, Plate etc.
IZ-I		IZ7001 Stretching Station IZ7002 Boxing Station IZ7008 Stair-1	4794×1654×2446(mm) 188.7×65.1×96.3(in)	IZ7009 Step Attachment IZ7010 DIP Attachment IZ7012 Pivot Kettlebell, Punching Bag, Battle Rope, TRX, Medicine ball, Bar, Plate etc.
IZ-L		IZ7001 Stretching Station IZ7002 Boxing Station IZ7003 Rebounder Station IZ7008 Stair-1 IZ7011 S-joint	4794×3250×2446(mm) 188.7×128×96.3(in)	IZ7009 Step Attachment IZ7010 DIP Attachment IZ7012 Pivot Kettlebell, Punching Bag, Battle Rope, TRX, Medicine ball, Bar, Plate etc.
IZ-T		IZ7003 Rebounder Station IZ7004 Power Rack Station IZ7005 DAP Station IZ7006 Connector IZ7007 Stair-2	4694×3139×2446(mm) 184.8×123.6×96.3(in)	IZ7012 Pivot Kettlebell, Battle Rope, TRX, Medicine ball, Bar, Plate etc.
IZ-O		IZ7001 Stretching Station IZ7002 Boxing Station IZ7003 Rebounder Station IZ7005 DAP Station IZ7014 Stair-3	3637×3630×2446(mm) 141.3×136.7×96.3(in)	IZ7009 Step Attachment IZ7010 DIP Attachment IZ7012 Pivot Kettlebell, Punching Bag, Battle Rope, TRX, Medicine ball, Bar, Plate etc.
IZ-H		IZ7001 Stretching Station IZ7002 Boxing Station IZ7003 Rebounder Station IZ7005 DAP Station IZ7015 Stair-4	4137×2880×2449(mm) 162.9×113.4×96.4(in)	IZ7009 Step Attachment IZ7010 DIP Attachment IZ7012 Pivot Kettlebell, Punching Bag, Battle Rope, TRX, Medicine ball, Bar, Plate etc.
IZ-X		IZ7002 Boxing Station IZ7003 Rebounder Station IZ7004 Power Rack Station IZ7005 DAP Station IZ7006 Connector IZ7007 Stair-2×2	7489×3139×2446(mm) 294.8×123.6×96.3(in)	IZ7009 Step Attachment IZ7010 DIP Attachment IZ7012 Pivot Kettlebell, Punching Bag, Battle Rope, TRX, Medicine ball, Bar, Plate etc.







CASES



CASES





Impulse Cardiovascular Equipment Limited Warranty

Description	Warranty
Frame	7 Years
Treadmill AC Motor	3 Years
Treadmill DC Motor, Structural Moving Parts	2 Years
Display PCB, Motor Controller,	
Generator, EMS, ECB Brake	2 Years
Key Pad, Durable Wear Parts	1 Year

Impulse Strength Training Equipment Limited Warranty

Description	Warranty
Structural Steel Frame	Lifetime
Rotary Bearings, Weight Stacks, Pulleys,	
Guide Rods, Structural Moving Parts	2 Years
Cable, Linear Bearings, Springs	1 Year
Upholstery, Handgrips, All Other	
Items Not Listed	6 Months

* Conditions and Restrictions Applied.

 **impulse**

THE WAY TO WELLNESS

All text, outline and data in this catalogue are for reference only. If there is inconsistency between an information and the actual product, the actual product shall govern. Impulse reserves the right to explain any error or difference in this catalogue.

The trademarks belonging to companies including "Siegling", "Wabeco" and "Polar" have been used in this Impulse product catalogue belonging to their respective trademark registers.

Statement: Impulse Athletics is upgrading and during that time, all Impulse Athletics products are still in the market. Thank you for your support as always.